

Village Voice

DENHAM, HOXNE, SYLEHAM & WINGFIELD

JUNE - JULY 2018



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**The Revd. Michael Womack is chair
of each Parochial Church Council.**

C Chair
V-C Vice Chair
CW Church Warden

Diary Dates

**Every Weekend & Tuesday in June
including Sunday 1st July**
Suffolk Open Studios WB p6

Friday 1st June

Wingfield Parish Council WB p40
Open Mic Night SWH p19

Saturday 2nd June

NRWG Working Party, Pound Lane Wood p33

Tuesday 5th June

Hoxne Heritage Group, The Swan, p15

Thursday 7th June

Hoxne Parish Council HPP p40

Friday 8th June

Karaoke SWH p19

Saturday 9th June

Come for Coffee SWH p19
Red Glass Concert SWH p19

Tuesday 12th June

Phoenix - Ghostly & Macabre Talk HVH p29

Friday 15th June

Film Night - The Post HVH p16

Saturday 16th June

Coffee Morning, St Peter & St Paul p14
Red Feather Club - 75th Celebrations p33
My Dog's Got No Nose WB p17

Sunday 17th June

Red Feather Club - 75th Celebrations p33

Tuesday 19th June

Rural Coffee Caravan, Wingfield p7
The Arts Society - Votes for Women, Diss p25

Saturday 23rd June

Hoxne Fete, Abbey Farm p6
Open Studio & Wildflower Meadow, Hoxne p6
Red Feather Club - Americana Dance p33

Sunday 24th June

Open Studio & Wildflower Meadow, Hoxne p6
Red Feather Club - Americana Day, p33

Friday 29th June

Claude Bourbon WB p17
Bingo SWH p19

Saturday 30th June

Produce & Craft Market HVH p16
Wingfield Fete WB p6
Next Stop Symi - Greek Night HVH p7

Tuesday 3rd July

Hoxne Heritage Group, The Swan, p15

Thursday 5th July

Hoxne Garden & Social Club Outing p15
Hoxne Parish Council HPP p40

Friday 6th July

Open Mic Night SWH p19

Saturday 7th July

Family Barbecue SWH p19

Tuesday 10th July

Phoenix - Village Signs Talk HVH p29

Friday 13th July

Film Night - Darkest Hour HVH p16
Karaoke SWH p19

Saturday 14th July

Midsummer Garden Party, Abbey Farm p7

Tuesday 17th July

Rural Coffee Caravan, Wingfield p7

Thursday 19th July

Hoxne Garden & Social Club Party p15

Saturday 21st July

Coffee Morning, St Peter & St Paul p14

Thursday 26th July

Hoxne Garden & Social Club Ramble p15

Friday 27th July

Bingo SWH p19

Saturday 28th July

Produce & Craft Market HVH p16

Sunday 29th July

Friends of St Peter & St Paul Lunch p14
Red Feather Club Museum Open Day p33

Saturday 14th July - Sunday 2nd September

International Mini Print Exhibition WB p17

For Church Services and events, see p20-22

For Mobile Library, see p13

BVH Brundish Village Hall
DVH Denham Village Hall
HVH St Edmunds Village Hall, Hoxne
HPP Playing Fields Pavilion, Hoxne
SWH Syleham & Wingfield Village Hall
WB Wingfield Barns

Letters to the Editor

SUPER STORE SEND-OFF

Dear all you lovely people from Hoxne, surrounding villages and the middle of nowhere. I can not thank you enough for the wonderful send-off and collection you gave me. I feel very humbled with all the good wishes and love I received. The number of cards and signatures alone just blew me away. And to have the *Village Voices* in the shop singing was a lovely surprise.

It is an honour to be appreciated in such a way, especially when we feel we were just doing the job we were there to do. So once again thank you.

Lastly, may I take this opportunity to wish Joan and David every success with their exciting future plans. And ask that you all show them the fantastic love and support you showed us throughout our 14 years behind the counter.

Peter Craig

DENHAM DEDICATION

On behalf of Pam Davey, Tina Chenery, Alan Pettit and the numerous committee members we have all worked with, I would like to thank the people who have supported us at events at Denham Village Hall. For the last 38-40 years, we have strived to renovate and maintain the hall, formerly the Guardroom of the 95th Bomb Group, by many fund raising events.

We had two committees, who all worked extremely hard to reach our goal to make the hall into something all could enjoy - Unfortunately, in the last few months, the Management Committee have been forced to resign, with the bank account balance being transferred to Denham Parish Council, who have decided they are custodians of the

building and it is currently closed. It has forced us to cancel all future bookings and we can only apologise to those people who have been affected.

Many of us have had really happy times at the hall and are grateful to all who helped, which includes many from neighbouring villages. I must add that the monies raised for the previous charity of Denham Community Council remain unaffected.

Rose McMahon

ROVER REMINDER

Dog walkers, please remember that dogs are not allowed on the Hoxne playing field. This is clearly signed at the main entrance and foot path access. Thank you.

Gail Jackson

OLD HIPPIE ON A BIKE

On 17th June, I'm flying to St Petersburg, with my bike and riding it back to Bury St Edmunds Samaritans branch. A journey of 1700 miles, travelling in nine countries over a period of 60 days.

This is a solo ride with no support. I will be completely on my own, just me, my bike and a tent. At age 72, I'm thinking this will be quite a challenge.

You probably know that Samaritans are there for anyone in emotional distress, struggling to cope or at risk of suicide 24/7/365. Please support my feeble efforts in aid of Samaritans Bury St Edmunds and West Suffolk.

Alan Deakin

mydonate.bt.com/fundraisers/alandeakins1

Or direct to Samaritans

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Account: 43319148



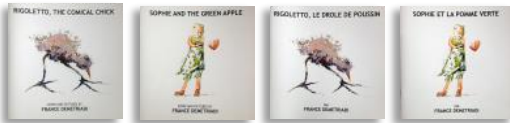
New Children's Books

Follow the stories of *Rigoletto*, *the Comical Chick* and *Sophie and the Green Apple* in new books written and illustrated by Wingfield's France Demetriadi.

Each title is available in English and French versions. Cost is £5.00 per book. Collection from St Andrew's Church, Wingfield. To order, contact France Demetriadi, Moat House Farm, Earsham Street, Wingfield, IP21 5RH.

Tel: 01379 586231

Email: francedemetriadi@hotmail.com



News from Oakham

Happy to report that, despite a rainy removal day and a final car load - estimated at half-an-hour loading time; real time two hours plus - we made it to Oakham mostly intact and with the aid of four able and willing removal men, plus the strong arm of son Edward, all was safely gathered in to 4, Barleythorpe Mews, Main Road, Oakham, LE15 7UZ.

Sallie had a master plan prepared and earned the praise of those unloading for clear instruction and direction. Brian, with the car load from Hoxne, arrived when the job was almost complete!

No doubt by the time this arrives in your letter box, we will still be unpacking the 60 or so boxes, rearranging the furniture, deciding what 'must go' and trying to find those essential items we know have been placed somewhere...

But there are some things that time will never erode and high among them is the warmth, kindness and affection shown to us as we prepared to make our exit. So

many good wishes from Hoxne and beyond and especially from the parish church and those within the Hoxne benefice. A



wonderful tea party at St Peter and St Paul with friends from many parishes and then an emotional farewell service at Athelington (yes, tears were shed) which ended with presentation of a wonderful cheque that will supply more than is needed for a central island unit for our kitchen - so memories will always be close at hand! And we have a Welsh Dresser covered in greeting cards.

We are on the edge of Oakham with bedroom views over the local football field and open countryside beyond. The parish church looks welcoming, but we have not attended a service as yet (7th May). Hopefully BT will have connected us by now and we will have let everyone know our number - love to see anyone who might be in the area.

With love, Brian and Sallie Chester

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What's On Here

Suffolk Open Studios

Every **Saturday, Sunday** and **Tuesday** throughout **June**, up to and including **Sunday 1st July**, seven Suffolk artists, all members of Suffolk Open Studios will be displaying their work at Wingfield Barns. The Inspired Art Exhibition will be open from 11 am until 5 pm on these days and there will be at least one artist in attendance at all times.



This exhibition is free to attend. Most of the work on view will be for sale. We would love you to come and support us and see our very varied styles and subjects, from abstracts to still life to landscapes etc. Discuss with us what you think and maybe even consider joining our art class!

John Parker, who is one of the artists exhibiting, is also the resident tutor at the Barns art class which takes place **every Tuesday**. More information is available at the exhibition. We look forward to seeing you there.

Sue Clarke

Hoxne Fete

This year's village Fete is on **Saturday 23rd June** at Abbey Farm Hoxne from 2pm to 5pm in aid of Hoxne Church. Free entry with lots to do and enjoy; Tea, BBQ, Bar, fete games, cake stall, plant stall, tombola, hamper raffle, Bouncy Castle.

A great village event for all the family. Please join in, bring your family and friends to have fun and make new friends.

Anyone keen to help can contact Anthony Benton on **01379 668319**.

Open Studio and Wildflower Meadow

You are invited to a joint Open Studio and Wildflower Meadow weekend in Hoxne. See Rachel's botanical art (as featured on the front cover) and enjoy Marie's meadow that formed the basis of one of her paintings. **Saturday 23rd and Sunday 24th June**, 10am till 4pm.



Rachel Pedder-Smith as part of Suffolk Open Studios, The Gardens, Eye Road, Hoxne, IP21 5AP



Instagram: @poddersmith

Marie Lagerberg in support of Next Stop Symi, Moat House, Green Street, Hoxne, IP21 5AZ



Instagram: @summerinthemeadow

Wingfield Fete

Better than ever! There is something for everyone this year - Phoenix Birds of Prey are bringing their wonderful birds and we have live music from Sark, Lost in Translation and The Company of Horham Old School.

There is an 'Inspired Art' Exhibition with art by seven local artists for sale. Classic Cars will be on show, plus Craft, Cake, Jam and plant stalls, Tombola & Raffle, Children's Games. Enjoy lunch with a delicious BBQ, a bar and refreshments will also be available.

Come rain or shine, join us at Wingfield Barns **Saturday 30th June**, 11am - 3pm with Free Entry and Free Car Parking - SatNav IP21 5RA.

Raising funds for East Anglian Children's Hospice and St Andrews. Lorraine Ware, wingfieldevents@gmail.com

Pop-up Greek Night

The latest Next Stop SyMI fundraiser will be the return of its Pop-up Greek Night at Hoxne Village Hall on **Saturday 30th June** at 7pm. If you attended last year, you'll know it's a wonderful celebration of Greek food, music and dance - and all for a great cause.



Tickets are now available from Sue Flagg on **01379 668258**, email nextstopsyimi@gmail.com or Hoxne Post Office Stores. See page 29 for our latest trip update.

Midsummer Garden Party

Join us at Abbey Farm Hoxne on **Saturday 14th July** from 6pm till late, by kind invitation of Wilf White. Two course meal and dancing with the talented Sarah Probert. Tickets are £17.50 per person, available from Hannah Mayhew on **01379 668200** or **07774327836**. Limited spaces available. Proceeds to two well known Hoxne charities.

Hoxne Clay Shoot

The annual Hoxne Charities Clay Shoot will take place at Oakley Park, IP21 5AU from 11am until 4pm on **Sunday 2nd September** by kind permission of the land owner, Peter Saunders. This event has raised over £2000 each time in recent years, which has been shared between Hoxne based

charities. This year's event will raise funds for both Hoxne Playing Field (charity 304769) and Hoxne School Association (charity 1102747).

People travel quite a distance to come and enjoy the shooting, the landscape and the competition, and of course they spend their money with us. Our helpers give so much more - some have been helping from the time this event started, some have managed to fit in a couple of hours every other year or so. As with so many village events this would not continue without the support, time and efforts of our magnificent helpers.

Generally this event is for experienced shooting people and licence holders, and as this land normally has Peter's livestock on it, only fibre wad cartridges can be used. There will be a have-a-go stand where inexperienced people both young (there is an age limit) and older will be able to shoot under the instruction.

We are always looking for people to help on the day with refreshments, as well as people to work with a more experienced partner on each of the 'stands' to score the participants. We realise this is not an event everyone is familiar with so if you are willing to give a couple of hours you will not be left to work on your own. Please give us a shout if you can come and join us, or you will be most welcome to come and have a look to see what it's all about. Thank you in advance.

Contact Julie - text **07929 794636** or email j.thompson@wvpschools.org

Rural Coffee Caravan

The Rural Coffee Caravan will once again be visiting **Wingfield** at Castle Crescent, 10am - 12pm on **Tuesday 19th June** and also on **Tuesday 17th July**. The caravan delivers information and friendship to rural communities across Suffolk. To get in touch:



Telephone: 01379 855338
ruralcoffeecaravan.org.uk



Catholic Parish of
The Most Holy Trinity
Church of St Henry Morse
Shelfanger Road, Diss IP12 4DX
Parish Priest: Canon David Bagstaff
Tel: 01379 642914

Mass Times:

Saturday : 10 a.m. and
6 p.m. (Vigil Mass)

Sunday : 9 a.m.

Weekdays : 9.30 a.m. (Tues-Fri)

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What's On There

BIG Plant Sale

Beyond the wall are a charity providing day provision for people with mixed disabilities at Thornham Walled Garden near Eye. On **Saturday 2nd June** we are having a BIG plant sale at the Walled Garden from 10.30am - 12.30pm. Tea and Cakes will be available. Find us at Thornham Magna, Eye, IP23 8HA. Website: www.beyondthewall.org.uk

Open Farm Sunday

Visit our mixed farm to discover where and how your food is produced and used and how farmers look after the environment. Ever wondered what it's like in the seat of a tractor or what technology is involved? How are animals reared and cared for? Come and find out and get close to the machinery, touch the animals and meet the people actively involved in farming. Enjoy a tractor and trailer tour, take a leisurely riverside walk or get busy in the children's activity barn.



Shotford Hall Farm, Harleston, IP20 9QT. **Sunday 10th June**, 11am to 5pm. Refreshments available. Free Entry. For more information, contact Tim Lewis on **07767 708106**.

Votes for Woman

The Arts Society Diss will be holding an evening lecture by Dr. Caroline Shenton on Suffragettes & Female Politicians. **Tuesday 19th June** at 7.30pm in Diss Corn Hall. Tickets **01379 641635**. See page 25 for further details.

Harleston Choral Society

You are invited to our Summer Concert, on **Saturday 23rd June** at 7.00pm in St John's Church, Harleston. We're singing Rossini's *Petite Messe Solennelle*, with professional musicians. Tickets £10 (including a post-concert finger buffet) from Harleston Information Plus, or on the door. Accompanied children free. Wine and soft drinks by donation.

Further information from Jo Curry on **01986 875494**, jo.curry@sky.com, or have a look at our website: www.harlestonchoralsoc.org.uk

Harleston Walking Tours

For visitors and local people, *Harleston's Future* has put together a programme of guided walks, taking place on the **second** and **fourth Saturdays** of the month throughout the summer. They are led by knowledgeable guides and include a discount voucher for participating coffee shops and restaurants. Meet in the courtyard of The Swan Hotel at 2pm. Cost £4 per adult (under 15s free). Further information on **01379 855235**, www.visitharleston.org.uk or email: harlestonsfuture@gmail.com

Ceilidh Barn Dance

Come, dance, have a go, watch, enjoy & have fun with *Harbour Lights Ceilidh Band* and caller Niki Acott, plus Stepdance Special & Dancing Jig Dolls. **Saturday 21st July** at Wilby Coronation Village Hall, IP21 5LR. Doors open 7pm for 8pm 'til late. BAR -



FOOD - RAFFLE available. Tickets £7.50 - Book ASAP (no tickets on the door), Doreen **07591 499912**.

Obituary

Janet Goddard nee Harsent (Denham)

St Mary's Church Horham, was full on the 25th April for the funeral of "a very special lady". Janet Mary Goddard, of Shingle Hill, Denham. Janet, affectionately known as "Jannie" died on the 31st March at the St Elizabeth Hospice, Ipswich after a courageous fight against illness, aged 68 years.

The service was conducted by the Revd Michael Womack, who said Jannie was a modest, kind, humble person, who was very family oriented and helpful to everyone. She loved driving, while her cooking saw her provide all the cakes for the open days at the nearby old 95th Bomb Group Hospital museum run by Tony Albrow. Born in Kenton in 1950, Janet later lived in Horham. She was married to Graham for 27 years and they lived at Denham. They met through "CB"

radio, Janet being "Blue Sapphire" and Graham "Crazy Horse". Mrs Goddard, a vivacious person also enjoyed gardening, a defining characteristic of her make-up was that she was "always on hand" added the Reverend Womack. Janet worked for Longs of Kenton chicken factory and the "Potpourri" perfume packaging centre at Hoxne.

The opening music was "Unchained Melody" by Robson and Jerome and the closing music was "Thinking of Me" by Olly Murs. The committal took place at the Waveney Crematorium near Beccles and refreshments were served at Horham Community Centre. Janet is survived by her husband Graham, daughter Claire, sons Stephen and Mark, stepdaughter Vicki and grandchildren Francesca, David, Jamie and Chloe.

If wished, donations can be made to benefit St Elizabeth Hospice, Ipswich. c/o Susan Whymark Funeral Service, Chestnut House, 12 Progress Way, Langton Green, Eye IP23 7HU.

Clive Baxter

Jobs Club Help Comes to You

Harleston Information Plus (HIP) are pleased to announce they have been awarded funding from the LIFT Jobs programme, funded by the European Social Fund, to run their successful Jobs Club for a further two years and extend it to surrounding villages in Norfolk and north Suffolk, offering 'pop up' Jobs Club sessions and ongoing support to jobseekers who can't make it into Harleston.

The weekly Jobs Club has been running at the Information Centre in Harleston since 2009 and has helped over 1000 jobseekers in their search for work. The Club offers help with job searching, CVs,

covering letters, application forms, interview tips and advice, business start-up information and volunteering, all of which can now be delivered in your village.

They will also be offering work skills related training such as First Aid, Food Hygiene, Retail, Customer Service and basic IT, which will be held at the Information Centre with free transport provided into Harleston.

The Jobs Club team are keen to reach as many jobseekers as possible. If you would like them to visit your club or group then please contact Lucy Marjoram on **01379 851920** or email jobsclub@harleston-norfolk.org.uk

Harleston
information *plus*

St Edmunds School

Summer term at St Edmund's Primary School is always busy. It is a time for consolidating the previous terms' learning, SATS, starting new projects, educational visits, sports day, summer performance, and a fun outing for our Year 6 leavers.

Our young members in Acorn Class are enjoying the theme of the Rainforest this



term, which is applied in many formats to enhance literacy and numeracy, art and humanities. Stay and play sessions

running on **Wednesday 13th June, Monday 25th June and Wednesday 11th July**. Please contact the office for details.

Oak Class will be studying the seaside, taking Miro as their inspiration for art projects, studying plants and gardening now that Spring has arrived.

Beech Class attended the Suffolk Farm and Country Fair and enjoyed their



residential visit to Hallowtrees last term. Now Beech class will also be using the Sea as the topic this term.

Rowan Class members, having had their SATS, Year 6 will be looking forward to their visit to Pleasurewood Hills. Some members of Rowan will be going to France for a residential visit.

All pupils of Rowan are looking forward to their summer performance 'Cinderella Rockerfella'. Everyone will have acting and singing roles, costumes will be created, scenery and props constructed. Weather permitting and 'lights, camera, action', the production will take place in the school's green area. With

refreshments kindly organised by the Hoxne School Association, our quintessential summer performance is an annual event enjoyed by cast, crew and family. See next issue for the reviews!

For a taste of life at St Edmund's Primary School, please view our website www.waveneyvalleypartnership.org

Or contact the school office for more information.

St Edmund's School Office
01379 668283
officehoxne@wvpschools.org



Hoxne PO Stores

By the time you read this, Joan and David Rogers, the new owners of Hoxne PO Stores, hope to have the Post Office running once again, with longer opening times synchronised with the shop, including Saturdays, Sundays and bank holidays. Five letting rooms will also be available to rent, initially at a discount until they are refurbished during the Summer.

The new tea room and Deli are will also open later in the Summer. The emphasis will be tea, coffee, cake, soup and bread, home made mostly on the premises. Seasonal and local ingredients will be used where possible, as well as vegan and gluten free options. Part-time delicatessen assistants, cooks and waiting staff are required to start in August.

Prescription pick-up will continue with the Eye Health Centre, repeat slip drop-off is Tuesday midday for Friday pickup and Friday midday for Tuesday pickup.

If you have any queries, please email:

davidjohnrogers@icloud.com



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Hartismere Place, Castleton Way, Eye IP23 7DD
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This is Messy Church!

We have creative activities (or a quiet space if preferred), stories with a Bible theme, friendly conversation for parents, all



followed by a scrummy tea. Meeting every **first Sunday** of the month at Syleham Village Hall (IP21 4LT) 4pm - approx. 5.15pm. Messy

Church is free and for families with babies and children of primary school age. Contact:



Sarah, 01379 668038
www.facebook.com/HoxneMC

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Spiritual Reflection to Enrich You

How, following the example of Jesus, do you love and serve each other in your community? We are all so different; different ages, different backgrounds, different cultures & nationalities, different experiences & suffering, different values & priorities, different personalities. Nevertheless we can enrich each other thanks to all the differences!

We know only very little of each other and we all judge each other and have prejudices. We know deep down that we should accept each other and not try to change them, but accept them with their imperfections, weaknesses and sins like ourselves. It is not easy at all! Even with the help of the Holy spirit we have a tendency to fight it! Why should we love everybody? To please God and to do his will.

Start small: Listen to someone, a kind word, a little encouragement. Don't expect anything in return, but know that you do it to do God's will and you are pleasing him. You will feel peace and joy in your heart. He is your life, your light and your strength. God bless you.

France Demetriadi, Wingfield

Suffolk Libraries – Mobile Library Routes

Hoxne and Denham

Next stops: **7th June and 5th July**

Hoxne, The Swan car park from 10:25 to 10:50

Hoxne, St Edmunds House from 11:00 to 11:15

Denham, Post Office from 11:25 to 11:35

Syleham and Wingfield

Next stops: **15th June and 13th July**

Syleham, Wingfield Road (Junction with Weybread Road) from 11:40 to 11:55

Wingfield, Post box from 12:00 to 12:20

Calling every 4 weeks on **Thursdays**

Calling every 4 weeks on **Fridays**

Fressingfield Scouts

Things are now moving along with our new site, we have a temporary storage container sited and the fencing in place. Fundraising is gathering pace with someone appointed to apply for grants. There is a scheme to sponsor a metre square of the foundations - details on the website - and events being planned for the autumn.

On the Scouting front, we have just come back from our annual Group Camp. This year we camped at the Lowestoft Scout's site, Herringfleet, near Fritton Lake.

14 leaders and 62 members ranging from six year old Beavers to 17 year old Explorers spent the early May Bank Holiday weekend camping and taking part in activities including, camp cooking, air rifle shooting, archery, climbing, water activities, boat rides, hiking, backwoods cooking, visit to Redwings and camp fire.

At the end of May a party of Scouts and Explorers and three Leaders are attending the Norfolk County Water Activities Weekend on the Broads. The three day event will see around 200 Scouts enjoying camping and taking part in a range of water and land based activities.

All sections have an extensive outdoor programme for the summer term culminating in the Explorers going on a hiking camp in the Peak District and the Scouts attending an international jamboree called NORJAM on the Norfolk showground.

Michael knights

Friends of St Peter and St Paul, Hoxne

The Friends continue to raise funds to help preserve the fabric of our Village church. The next event is a Summer lunch on **Sunday 29th July** - to

book or for further information, please contact Margaret on **01379 668352**.

Future events are: Harvest lunch on **Sunday 14th October**, Concert by Castleton band on **Saturday 27th October** and Quiz at the Village hall on **Saturday 17th November**. Full details of all these events will follow.

At the recent AGM, Margaret stood down as Secretary after eight years - our thanks to her for all of her work. Rhona Bertie has kindly agreed to take over the post.

Just a reminder, book sale and coffee morning, every **third Saturday** in the church from 9:45 till 11:15.

If you would like to join the Friends and help us to maintain the fabric of the church, then contact Maureen Johnson **01379 668478**. Annual membership is only £12.50.

John Brawn, Chairman
01379 668352

Hoxne Bowls Club

When Hoxne bowlers turned up to the club's Open Green Day, they were delighted to find more than a dozen villagers joining them to try the game.

On a lovely, sunny, Sunday afternoon, six of the newcomers became hooked on the sport and joined the club immediately. With a similar influx last season, the club is in a strong position to enjoy the three leagues we play in.

However, the rain soon returned for our first match, where we gained a good 42-69 win at Wortwell in the Upper Waveney League. Sadly, in brighter conditions we suffered a 51-77 home defeat to Pulham Market.

We have club nights most Wednesdays when newcomers are welcome to try the game. for details contact the secretary:

Roger Knight
01379 668403

Hoxne Garden & Social Club

As I am writing this, it is the last day of April and the thermometer says 5°C outside my back door, what happened to the lovely weather a week or so ago? I still have so much to do, as I expect most do, in the garden in preparation of Summer. Let's hope we can use our BBQ's soon!

At our AGM, we elected a new committee with Sue Flagg stepping in as Chair for one year, and Lin Batey, Helen Bentley, Chris Burton, Julie Coop, Jackie Insull and Jean Musgrave as committee members.

We have a full programme of speakers, June is usually the month for our outing, but this year it is on **Thursday 5th July** to the RHS Garden, Hyde Hall, in Essex. This will be followed on **Thursday 19th July** by our annual Garden Party being held by kind permission in Mr and Mrs Coop's garden, Downbridge Farm, Hoxne.

In June, we had a very successful Ramble, led by Roger and Jenny Knight and the report follows. The next one is on **Thursday 26th July**.

We have an interesting mix of Speakers this year, ranging from Bee's to English Surnames as well as Roses and Ramblers, Birds and Wildlife, Herbs and lastly Low Allergy Gardening.

We have started a Plant sales table at our meetings, for anyone to sell surplus plants from their gardens, we hope to make this a regular feature.

New members are always welcome, we usually meet on the 3rd Thursday of the month at Hoxne Village Hall. Please

contact myself or any other committee member for details.

*Sue Flagg, 01379 668258
sue.flagg@hotmail.co.uk*

Walking to the Moon

Amidst one of the wettest and darkest Aprils on record, the clouds parted and glimpses of a shiny thing in the sky brightened the morning for the Gardening and Social Club Ramble. The walk was centred on the Half Moon pub at Rushall. Twenty hearty souls rambled just short of five miles down tranquil lanes and footpaths, through paddocks and a churchyard to enjoy a well earned drink, a delightful lunch and convivial company at The Half Moon.

Roger Knight

Rambling to Furze Covert - JK



Hoxne Heritage Group

Do you remember the Community Dig of 2013? The Hoxne Heritage Group are planning to dig some test pits on Lodge Hill at the back of Low Street over a weekend in **September**, probably **15th-16th**. We are looking for four to six enthusiastic diggers to assist with this project. Please contact the Secretary, Margaret Sillis, by email: margaret.sillis@btinternet.com or on **01379 668395** should you be able to help.

If you are interested in local history and enjoy a social get-together, then why not join the group. See the contact page on our website. Finally, a reminder that our regular meetings are held on the **first Tuesday** of each month at The Swan Inn.

Margaret Sillis
www.hoxnehistory.org.uk

Hoxne Village Hall

Thank you to everyone that attended Hoxne Hall AGM on 26th April. The current members of the public on the committee were re-elected - Stephen Nixon, Richard Jenkins, and Sharon Knights. Sally Dudley and John Coop were co-opted during the year and were also elected. They join Vivienne Bradford, Carole Smith, Cathie McGregor and Michael Knights who represent various village organisations. Appreciation was again expressed for Jane and John Langley's contributions to St Edmund's Hall prior to their departure from the village.

The excellent Andy Irvine concert on 5th May attracted over 80 people. The organisers, Waveney Folk Collective, are back in the Hall on **Saturday 22nd September** so watch out for posters with details of the next artist.

The Hoxne Village Café continues **every Friday 9am - 12noon**. A community café serving sausage rolls, cakes, pastries as well as teas and coffees.

Friday 15th June, 7.30pm, Film night - *The Post*. Usually the second Friday of the month, but we have moved to the third Friday this month due to a wedding reception. Bar open from 7pm. Katharine Graham (Meryl Streep) is the first female



publisher of a major American newspaper, The Washington Post. With help from Editor Ben

Bradlee (Tom Hanks), Graham races to catch up with The New York Times to expose a massive cover-up of government secrets that spans three decades and four U.S. presidents.

Saturday 30th June, 9.30am - 12.30pm, Hoxne Produce & Craft Market. Regular last Saturday slot of each month throughout the year.

Saturday 30th June, 7pm, Greek night. We welcome back the fund raiser for *Next Stop Symi*. See page 7.

Friday 13th July, 7.30pm, Film night - *Darkest Hour*. Bar open from 7pm. A thrilling and inspiring true story



begins at the precipice of World War II as, within days of becoming Prime Minister of Great Britain, Winston Churchill (Oscar winner Gary Oldman) must face one of his most turbulent and defining trials: exploring a negotiated peace treaty with Nazi Germany.

Saturday 28th July, 9.30am - 12.30pm, Hoxne Produce & Craft Market.

For bookings, email Sharon and Sally on hoxnevhbookings@outlook.com or call **07876 215269**. Film night tickets also available from Hoxne PO Stores.

Sharon Knights
www.hoxnevillagehall.co.uk

Wingfield Barns

We're very pleased to see the better weather finally arrive here in Wingfield, especially as we have such lovely events planned over the next few months. Do come along and see us - there really is something for everyone.

Each **weekend and Tuesday in June** - Inspired Art at Wingfield Barns. The newly formed group of seven will be exhibiting their varied and vibrant work throughout June as part of the *Suffolk Open Studios* month. Altogether an exciting and not to be missed exhibition.

Gallery 1 and 2, open **Saturday** and **Sunday** 11am - 5pm and each **Tuesday**.

Saturday 16th June, 7.30pm - My Dog's Got No Nose. Giles Shenton (last seen as Old Herbaceous) returns with a "thought provoking" and a "cleverly constructed, wonderful piece of theatre" about a man preparing to fulfil his lifelong ambition to be a stand-up comedian, "... puts one in mind of Alan Bennett's Talking Heads".

My Dog's Got No Nose takes us on a journey through the events surrounding a stand-up comedian's first ever performance. His debut is the fulfilment of a lifelong dream where stand-up comedy, unrequited love, animal lovers,

facts of life, sibling rivalries and mercy killings are just some of the elements covered in this very

funny and bittersweet story, as we discover that both the man and the performance are not quite as they seem. Adult themes. Tickets £14/£12 concessions

Friday 29th June, 7.30pm - Claude Bourbon. Ready for a unique and talented take on a wide range of musical traditions? Claude Bourbon is known throughout Europe and America for amazing guitar performances that take blues, Spanish, and Middle Eastern stylings into uncharted territories.

Claude's inimitable style incorporates all five digits on each hand dancing independently but in unison, picking, plucking, strumming and strumming at such speed and precision that his fingers often seem to melt into

a blur. Thousands of people in the UK, Europe and USA have enjoyed listening to this virtuoso and for the majority of his audience it is an experience that compels them to return again and again to hear and watch him play, as his fingers lightly dance over the strings of his guitar and create a unique sound that is 'Claude'. Tickets £10

Saturday 30th June, 11am - 3pm, Wingfield Summer Fete. Wingfield Barns are very happy to be hosting the biennial Wingfield Summer fete. Lots to see and do for all the family, plus live music, games, and a special visit from some birds of prey. Free entry. More details on page 6.

Saturday 14th July - Sunday 2nd September, International Mini Print Exhibition. The International Mini Print exhibition returns with its annual visit to Wingfield Barns. This is a stunning exhibition of prints and is always very well attended. Private view **Thursday 12th July**. Galleries open **Wednesday to Sunday 11am - 4pm**.

Tickets for all events are available via the box office on **01379 384505** or online.

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www.wingfieldbarns.com



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Syleham and Wingfield Village Hall

The village hall is located in Syleham (postcode for SatNav users is IP21 4LT), but serves the communities of both Syleham and Wingfield. Our forthcoming events are:

Saturday 9th June, 10.30am-12.30pm, "Come for Coffee". Tea, coffee, cake stall, raffle, a few games, Usborne books, jewellery, come for a natter. Free entry. In aid of annual Senior Citizen meal.

Saturday 9th June, 8pm - Red Glass, local band of lads play covers and some of their own music. Fiver on the door. Raffle. Burger van. In aid of *Meningitis Now* (charity no 803016).

Saturday 7th July, Food from 5pm - annual family barbecue. Bar open. Pay-as-you-eat. Come and join us, come rain or shine!

Sports and Social club

Membership of the Sports and Social club costs just £3.50 per year with £3 for concessions. Social club open **Tuesday** and **Friday** from 8pm when the bar is open. The **first Friday** of the month sees Open Mic, **second Friday** is Karaoke, **last Friday** there's the Bingo session. We will now be raising funds for the *Waveney Foodbank*. Next bingo sessions are **Friday 29th June** and **Friday 27th July**.
Julie Thompson, 07929 794636
k.thompson156@btinternet.com

How to book the hall

Bookings for Syleham and Wingfield village hall can be made with:
Donna Baker, 01379 668361
donnamariegoose@hotmail.co.uk

Reflections

No change without loss

A common adage in counselling is that there is, 'No change without loss'; it is a way that helps us come to terms with the thought that if we make any change in life, it will inevitably involve loss in some way. It can be a perplexing idea, how can something 'good' like starting a new job, involve the 'bad' of a loss?

That new job is great, it gives greater salary or status or responsibility; but in turn there is the loss of the comfort of knowing our old job like the back of our hands, or that we can go longer be 'one of the team' and social events change accordingly.

We can flip this saying around to the more obvious statement that there is no loss without change; our communities have endured a big loss this spring with Brian and Sallie Chester moving to be a lot nearer to their family. The church community, both in Hoxne, but more broadly, indeed right across the county feels that loss acutely. But so has village life, the depth of the affection and regard with which they were held within the whole community was shown in the generous cheque (£700), that I had the privilege to present to them as a farewell gift, with donations from across all our villages.

Their move, is a big loss and with it there is inevitably going to be change. Lots of people ask me, what will happen without Brian and Sallie? Simply put, I don't know, but one of three things - some things will stop, some things will carry on, and some things will change, possibly significantly. That is the way of life, there is no loss without change, but equally there is no change without loss.

Michael Womack, 01379 388889
hoxnebenefice@gmail.com

Church services

Denham, Hoxne, Syleham and Wingfield

If you need to get in touch with the Rector, Michael Womack, tel.: **01379 388889**

Village contacts

Denham - Rev Michael, **01379 388889**

Hoxne - Guy McGregor, **01379 668434**

Syleham - Mary Lewis, **01379 669258**

Wingfield - John McCracken, **01379 384181**

The Hoxne Benefice Newsletter includes details of services in the three parishes outside the Village Voice distribution. Copies can be picked up in churches or electronically by request from hoxnebenefice@gmail.com

Sunday 3rd June

10am Wingfield Morning Prayer

11.15am Hoxne Holy Communion

4pm Syleham Messy Church

Sunday 10th June

11.15am Hoxne Mattins

11.15am Wingfield Holy Communion

Tuesday 12th June

7.30pm Denham Simple Communion Service

Sunday 17th June

8.30am Hoxne BCP Holy Communion

10am Syleham Village Praise

Sunday 24th June

9.30am Syleham BCP Holy Communion

11.15am Denham Family Service

6.30pm Wingfield Sung Evensong

Sunday 1st July

10am Wingfield Morning Prayer

11.15am Hoxne Holy Communion

4pm Syleham Messy Church

Sunday 8th July

11.15am Hoxne Mattins

11.15am Wingfield Holy Communion

Tuesday 10th July

7.30pm Denham Simple Communion Service

Sunday 15th July

8.30am Hoxne BCP Holy Communion

10am Syleham Village Praise

Sunday 22nd July

9.30am Syleham BCP Holy Communion

11.15am Denham Family Service

6.30pm Wingfield Sung Evensong

Wednesday 1st August

6pm Hoxne A Lammass Day service for the Addington Fund

Church News

St John, Denham

The Denham APCM took place on Sunday 22nd April. Margret and Michael Reeves stepped down from their posts as Treasurer and Church warden. They have put in huge amounts of hard work for Denham church and the PCC are ever for grateful for their efforts. Happily, they will both remain on the PCC and their continued support is appreciated. Ian Rose stepped down from his role as Church Warden. The PCC would also like to thank Ian for all of his hard work in that role and for his continued support of the church. Helen Joslin remains as secretary, Barbara Irwin remains the Deanery Synod representative and Jemma Hindle was appointed the new treasurer. No church wardens were appointed.

Tuesday evening Communion will continue on the **second Tuesday** of the month and will take place on **12th June** and **10th July** at 7:30pm. The Family

services continue on the **fourth Sunday** and will take place on the **24th June** and **22nd July**. These services begin at 11:15am but are usually preceded by fellowship and refreshments from 10:45 am. Everyone is welcome.

St Peter and St Paul, Hoxne

A huge 'Thank you' to the previous correspondent who has moved to pastures new. Big boots to fill, but here goes.

At the Annual PCC meeting Wilf White was elected as Church Warden to serve alongside Guy McGregor. Brian (the retiring Church Warden) and Sallie Chester were thanked for their years of commitment to the church and community.

Our Fete at Abbey Farm on the afternoon of **Saturday 23rd June** is being ably organised by Ben Benton. There will be stalls, raffles, games, ice creams, hot dogs, beer, teas, cakes, plants and much more. Donations for sale are welcome and we look forward to being blessed with the weather and your presence. See page 6 for more details.

The donation box for the Waveney Food bank can be found inside the church near the door. This is much needed and emptied regularly.

Thank you to all the key holders who commit to unlocking and locking the gate, the cleaners, the brass polishers, the flower arrangers and many others who give their time freely to keeping the church a welcoming place for all. More volunteers are always welcome.

Mothers' Union

The Hoxne branch of the Mothers' Union meets on the **third Monday** of the month at 2.30pm at Time House, Low Street, Hoxne. New members are always welcome. Next meetings:

Monday 18th June;

Monday 16th July: Wave of Prayer joint meeting at Fressingfield church followed by 'Bring and Buy' and tea;

Thursday 26th July to Wednesday 1st August: We have our 'I Chameleon' shop 10am to 4pm in the Thoroughfare, Halesworth. A treasure trove for a week; donations and purchasers welcome; Contact Branch Leader Cathie McGregor **01379 668434**.

Flower rota

3rd & 10th June: Altar, Sue Thornett;
17th & 24th June: Altar, Cathie McGregor;
1st & 8th July: Altar, Sarah Buckley;
15th & 22th July: Altar, Eleanor Hart;
Thank you to all the flower arrangers for your contributions to keeping our church a welcoming place for our visitors. If you would like to join our group please contact Cathie McGregor, flower rota organiser **01379 668434**.

St Margaret, Syleham

Hilarious! That was Call my Bluff (Wine) at Syleham in March - and it was also very successful. We raised £670 and enjoyed the spectacle of the clergy celebrating winning the game! Grateful thanks to organiser Colin and all who took part.

Relaxing!
Planning for our garden lunch on 13th May is going well - report next issue.

Energetic! Sponsor forms are now available for our Sponsored Swim to be held at Stradbroke Pool on **Sunday 8th July**. We have the pool from 2pm - 3pm and the swim is open to all ages: you can swim as many lengths as you choose but need to be able to swim at least one length of the pool. Join me in the pool!





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but if you don't want to swim, please sponsor generously if asked. Proceeds to the fund for much-needed re-decoration of the church.

Friendly! Advance notice of our Harvest Meal, which this year will take the form of a family brunch on **Sunday 14th October**.

Contact for all above: Churchwarden Mary Lewis on **01379 669258** or email mary.lewis43@icloud.com

St Andrew, Wingfield

The Archdeacon's annual visitation to the Hoxne and Hartismere deaneries took place on 21st May when he met the churchwardens of the parishes in the deaneries at a service of Evening Prayer. This is an important occasion when the churchwardens take their oath of office for the coming year, and the Archdeacon highlights key priorities in local ministry.

Responsibility for hosting the visitation rotates between parishes in the deaneries and this year St Andrew's was the venue. We are very grateful to everyone who helped spring clean the churchyard and church in readiness for the event and who helped provide refreshments for our visitors. We were particularly pleased that the church floor was repaired in time for the visitation, and are most grateful to Charlie Davidson for organising this work.

St Andrew's has signed up to the Parish Giving Scheme which allows people to budget for their giving on a regular basis. The cost of participation in the scheme is covered centrally by the diocese, so 100% of all payments go to the parish itself. As we need to make masonry repairs to the tower and to the south west corner of the church, raising funds to pay for this work is vitally important, so we hope that the Parish Giving Scheme will help people plan their giving by direct debit. Further details are available from John McCracken or Lorraine Ware.

Obituary

Len Whittle (formerly of Syleham)

St Andrew's Church, Wingfield was packed on April 18th for a funeral service in loving memory of Leonard Frances Whittle of Harleston who died at the Depperhaugh nursing home at Chickering on the 24th March, aged 91 years.

Born in Debenham in September 1926, Len (who originally worked in farming) married Amy Sowter in 1952 at Syleham, which was to be their home until they moved to Harleston in later years. Mr Whittle worked for 34 years for Edward Thompson (Civil Engineering) Ltd of Eye ending up as a foreman.

In his tribute Marshall Revell (on behalf of the family) said Len, who loved the outdoor life (particularly gardening) was a much loved, caring, funny, honest, dependable, hard-working, loyal guy, who was a very determined chap, a real "fighter".

Lennie played football for Eye and Hoxne and darts for Stradbroke White Hart and the former Syleham Black Horse. He loved clocks and watches, bred birds and was an active member of the now-defunct Hoxne and district branch of the Royal British Legion. Len is survived by his widow Amy (they were married for 65 years) daughters Elaine and Linda, grandchildren Melanie, Emma, Lisa and Gavin and great-grandchildren William and Danny.

The service was conducted by the Revd Michael Womack, who also read a poem "Come to Me". The closing music was "You're my best friend" by Don Williams. After the private committal at the graveside, light refreshments were served at the Syleham and Wingfield village hall.

If wished, donations to be made to Susan Whymark Funeral Service and will be split equally between COPD British Lung Foundation and the Royal British Legion. c/o Susan Whymark Funeral Service, 31 Redenhall Road, Harleston IP20 9HE.

Clive Baxter

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Members Outings

Borderhoppa has lots going on for our members. The outings are very popular, so early booking is advised. Call or email adminborderhoppa@btconnect.com to confirm space availability. Outings are individually priced as follows:

June 2018

Thu 7th - Lunch at The Red Lion, Needham £7; Thu 14th - Taverham Country Shopping Centre £15; Thu 21st - Norwich City Centre £15; Thu 28th - Lowestoft £16;

July 2018

Thu 5th - Beccles £10; Thu 12th - Great Yarmouth £16; Thu 19th - Lunch at The Chip Inn, Long Stratton £6; Thu 26th - Cromer £20; Sat 28th - Old Buckenham Air Show £10;

Personality Profile

A very familiar sight on our roads these last 40 years has been the Fairline buses of Jeff Morss from Wingfield. Born in London E4, Jeff attended schools in Essex, finishing at Maldon Secondary Modern. His first job was on Shenfield Station serving the travelling public with newspapers and cigarettes. On occasions, he was loaned to the parcels office to make tea for the British Railway staff, check tickets and take access fares when the ticket collector took a break.

While buses had always been an interest in his school days, Jeff says: *“Staff noticed my enthusiasm for railways and invited me to ride in the cab of the diesel, electric and steam trains - even work a signal box unsupervised”!* A transfer to Barking station bookstore occurred in 1965 and he worked there until 1972. *“A move to Suffolk in 1973 found me working at Bressingham, painting and cleaning engines and carrying out maintenance, firing steam locos, including ‘Royal Scot’ and ‘Oliver Cromwell’ and acting as a guard”.* This however, was to be short-lived, as seeing a lack of public transport in the rural area he decided to apply and subsequently obtained a Public Service Vehicle operator’s licence followed by a PSV driving licence.

The first service ran on 15th of March 1974, a Friday service from Fressingfield to Diss. Other services followed to Ipswich, Harleston, Halesworth and Norwich by

filling in gaps in the Eastern Counties bus network; day excursions were also operated. Over the years local services have covered Suffolk, Norfolk and Essex. *“Years ago an elderly lady in Hoxne referred to Fairline as the London General Omnibus Co. When asked ‘why?’, she replied, because you stop anywhere just like the old London general”.*

Various people have used Fairline bus services including a retired music star, an actress from the silver screen and a former Derby corporation trolleybus conductor who would always give his badge number every time he travelled. A retired naval captain who very much enjoyed Fairline excursions to the sea such as Felixstowe and Southend, appreciated the “Welcome Aboard” sign on the coach as it reminded him of boarding a ship. One couple even married after meeting on a Fairline bus service.

But Fairline might not have happened had a small side-line taken off in the late 1960s of selling tape recordings of private radio station jingles marketed under the rather elaborate name of Ocean Enterprises. *“Although bordering on the illegal, I did manage to sell a tape of jingles to an RAF base radio station! Whilst working in Sheffield I was also offered a job on British railways by the Station Master as a train recorder in Shenfield signal box - I did not fancy night work, so declined the offer”.*

Despite signing two contracts with London music publishers, a career as a songwriter failed to materialize: *“Public transport must be in the blood. My grandfather and uncle were both London transport bus drivers”.*



Clive Baxter

June 1985 - Not an open top sight-seeing our of Hoxne, but Eastern Counties had brought a private party to travel on the Fairline bus.



Mary Ann Rodwell

Local Suffragette & Heroine

Mary Ann Rodwell was born in Oakley on 7th June 1875. In the 1881 census she is recorded at the home of her grandfather Daniel Rodwell and her grandmother, also called Mary Ann, in Cross Street, Hoxne.

Later in life Mary travelled south. Aged 15 she was living with relatives in Penge and then in nearby Norwood. She studied nursing and worked in hospitals around London.

Mary became an ardent suffragette, joining the Norwood branch of the Women's Freedom League. Formed in 1907, the league grew rapidly and soon had sixty branches throughout Britain. The WFL believed in non-violent militant

action and over one hundred of its members were sent to prison after being arrested for attending demonstrations or refusing to pay taxes.

The WFL colours were green gold and white and its motto was 'DARE TO BE FREE'.

War was declared in 1914. Mary enlisted as a staff nurse in Queen Alexandra's Imperial Nursing Service Reserve. On 17th November 1915 she was working on the HMHS Anglia, a steam ship requisitioned for use as a hospital ship. Returning from Calais to Dover carrying 390 injured officers, the ship hit a mine and sank in fifteen minutes. Mary was drowned.

King George V's private secretary wrote a letter of condolence to Mary Rodwell's father John as follows: 'The Private Secretary is commanded to convey to Mr. J. Rodwell the true sympathy of the King and Queen with him in the grievous sorrow which has befallen him by the loss of his daughter in the sinking of the Anglia. At the same time, their Majesties desire to express their admiration of the courage and noble self-sacrifice with which Nurse Rodwell met her death'.

An obituary in the Norwood news in December 1915 states: 'So far as we know she is the first member of the Women's Freedom League to sacrifice her life on active service. She was a member of the Crystal Palace & Anerley Branch of the Women's Freedom League and her name will be held in honour and reverence by the whole league.'

In March 1916 the WFL magazine 'The Vote' included an article 'Women in War Time'. It made special note of Mary, explaining the tragic circumstances of the death and adding 'this valiant woman had the honour of attending the King when he crossed from France after his accident'.

2018 marks the centenary of The Representation of the People Act, when selected women acquired the right to vote. To celebrate this, *The Arts Society Diss* is holding a special lecture at Diss Corn Hall on **Tuesday 19th June** at 7.30pm, exploring the suffragette story through their portrayals in art and their own artistic productions. The evening is open to non-members by ticket only, so if you would like to attend please ring **01379 641635** for tickets. We would be delighted to welcome you.

Sue Horne
The Arts Society Diss

Mary Ann Rodwell
© IWM (WWC H21-23)



In the Kitchen

July 4th, BBQ's Picnics and Baseball games. Independence Day in the U.S.A. is a holiday marked by eating traditional foods. As our esteemed editor is always looking for something seasonal 'In the Kitchen' I thought we could enjoy some recipes from across the pond. Finger licking good!

Southern Fried Chicken

Originally a Scottish dish, Southern Fried Chicken was enhanced by seasonings and spices introduced by slaves brought from Africa.

Ingredients

Marinade - 6 chicken thighs, skin on and bone in, 300 ml buttermilk

Coating - 150 g plain flour, 1 tsp each of garlic powder, black pepper, smoked paprika, cayenne pepper, dried oregano and dried thyme.

Method

Place chicken in a snug fitting lidded plastic container and cover with the buttermilk and lid. Give a good shake, refrigerate for 6 hours turning chicken occasionally. Place the flour and seasonings into a large bowl and mix. Remove chicken from the fridge and allow to come to room temperature for about 1 hour, shake any excess buttermilk from chicken and thoroughly roll and coat in

the flour mixture. Add 1" (2.5cm) vegetable oil to a deep pan and heat until a pinch of flour fries and the oil bubbles.

Gently place the chicken in the pan, do not crowd the pan, if necessary cook in batches. Cook until the bottom is a nice golden colour and blood starts to seep to the top, about 12 - 15 minutes. Do not overly disturb the chicken, turn and cook for a further 10 minutes. Test with a metal skewer, cook until the juices are running clear. Drain on a wire cooling rack and wait for 10 minutes to cool. Serve with, chips, coleslaw, baked beans or corn on the cob.



Muffuletta Sandwich

The Muffuletta sandwich was created in the French Quarter of New Orleans by a Sicilian, Salvatore Lupo. The muffuletta was a whole meal layered in a gigantic sandwich which could then be cut into wedges. Originally filled with olives, Italian pickles, cold meats and cheeses, you could use any ingredients of your own choice, but this is my recipe.

Ingredients and Method

The quantity of ingredients will depend on the size of bread and how many you may want to feed. Cut a sturdy round loaf in half horizontally, and if you wish to pack in lots of filling, remove some of the soft "crumbs" (freeze for breadcrumbs). Chop a selection of olives with capers and tinned anchovies, mix with olive oil and spread over each half of the bread. On the bottom half add a layer of salami, sliced mozzarella, roasted vegetables (I roasted 2 sliced red peppers with a sliced



aubergine, 2 cloves of garlic, olive oil and salt and pepper for 35 minutes and cooled).



Then add a layer of prosciutto and lastly a layer of sliced taleggio and top with the remaining half of bread. Wrap very tightly in cling film, press with a weight and refrigerate for 2 hours before cutting into wedges. I wrap any leftovers in foil and bake until piping hot.

Boston Butt with homemade BBQ sauce

Slow cooked pulled pork. In pre-revolutionary New England, butchers tended to take less prized cuts of pork like hams and shoulders and pack them into barrels for storage and transport, known as a butt. This dish is a great way to feed a large crowd - pop into a bun top with the BBQ sauce and coleslaw. I think this pork would still be delicious marinated as above and roasted in your usual way.

Ingredients

This quantity serves 4.

Marinade - 1200g boned and rolled pork shoulder (if using unboned adjust the quantity of meat needed to allow for the bone)

2 tsp each of smoked paprika, dry mustard, sea salt and garlic powder and 4 heaped tsp of soft brown sugar

Method

Combine marinade ingredients and massage into the pork joint. Place into a snug fitting, plastic lidded container and refrigerate overnight. Remove from

Southern Fried Chicken The Muffuletta Sandwich Boston Butt with homemade BBQ sauce

fridge and allow to come to room temperature for about an hour. Place into in a roasting pan and then a hot oven (180/200C) for 30 minutes. Turn oven down to 120C, remove the pork from the oven and cover the entire tin tightly in tin foil.

Returning it to the oven. To enable the pork to be 'pulled' apart with 2 forks this second cook will take about 8 hours or longer.

Remove from oven and rest meat on a warm plate. Add a little water to the pan juices to deglaze the pan.



BBQ sauce

Ingredients and Method

In a small saucepan, stir together 120g tomato ketchup, 2 tbsp each of soft brown sugar and Worcester sauce, 1 tbsp of white wine vinegar, 2 dashes of a hot sauce such as tabasco, 1 garlic clove grated and ¼ tsp each of mustard powder and sea salt and bring to a simmer. Add the pan juices from the pork, simmer for a few minutes until thick and glossy. Serve hot or cooled.

Enjoy.

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Hoxne Phoenix Group

We have had a relatively quiet few months. Our April meeting was a very interesting talk on butterflies which was enhanced by photographs of all those mentioned.

Our May meeting was our trip to Fairhaven. This time we were extremely lucky with the weather (unlike our last trip out and about to Sheringham and Holt when the "heavens opened"). A group of 18 people set off in brilliant sunshine to Fairhaven Gardens, South Walsham. Having had an introductory talk whilst having coffee, we set off in different directions around the 130 acres of woodland paths (maximum distance in all was about 3 miles) in the dappled sunshine. The Gardens lay fame to having the oldest tree in Britain, the 960 year old King Oak! Many of us took a 20 minute boat trip on the private broad which is accessible by pleasure boats for touring round, but not for mooring. Two herons flew past us at a convenient time for those with cameras, but the wildlife was quite abundant on the broad. The gardens are also well known for their collection of candelabra plants. All in all, it was a good day, made even better by the 28 degrees temperature out in the open.

Future meetings are a talk entitled "Ghostly and Macabre" on **Tuesday 12th June**, followed by "History through Village Signs" on **Tuesday 10th July** which has been highly recommended to me.

Advance Notice - on **Tuesday 11th September** we are holding our Annual Fund-raising evening which is in the form of a Tapas Evening. Each year Members are invited to nominate a local Charity we could support for that particular year. This year, the Suffolk Headway Brainy Dogs was suggested and got the members' vote.

Brainy Dogs is a unique project. Rescue dogs from Felixstowe Blue Cross are trained by prisoners to become companion dogs to people with a brain injury or neurological condition. People with brain injuries tend to lose the backing of their family to help them in day to day living and this is where the dogs come in. They are trained to do all types of jobs and be of great assistance to those whose life has been turned upside down by brain damage. We are hoping to get a speaker along that evening in order to give us more of an insight into this Charity. So put the date in your diary for the evening at Hoxne Village Hall.

We are also planning a visit to Ely Christmas Craft Fair on **Thursday 15th November** held in Ely Cathedral. More details in the next issue, but just to say we will be home in time for Garden Club in the evening!

Anyone interested in any of our meetings is welcome to come along and join us for that evening. All we ask is for a Visitors Fee of £2 for the evening.

Pat Green, Secretary, 01379 668379
patandbryan1@gmail.com

Next Stop Symi

Local couple John and Julie Coop were the latest volunteers to take the Next Stop Symi van on its arduous 8-day journey across Europe to the Greek Islands, delivering much needed items to the thousands of refugees still stranded in the Aegean.

This time it wasn't just essential clothing, but also special items like educational material, games, fabric and sewing





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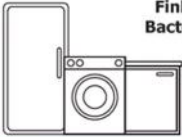
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machines that will make a big difference to the daily lives of the women and children also living in the temporary camps.

The charity, based out of Hoxne Cross Street, has recently extended its reach beyond the network of supporters it has in the Midlands, South of England and Wales to also start working with Re-Act Scotland.

Please see our website or Facebook page for information on how to support us and page 7 for details of the pop-up Greek night. If you would like a copy of our regular newsletter email us.



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New Reeding Woods Group

Following observations from dog-walkers and others, it appears that Pound Lane Wood pond hosts a thriving newt population. The NRWG agreed it would be useful to know exactly what was present, so Chairman David Mitchell recruited friend and local licensed ecologist Sue Morgan to find out.

An intensive learning-curve followed, involving books, articles and a one-day course at Epping Forest FSC, so that by the height of the newt breeding season (March - May) David was the veritable Gussie Fink-Nottle of Horham (Google it if not a Wodehouse fan!) and raring to provide assistance.

Newts use ponds primarily for courting and egg-laying spring and early summer, spending the rest of the year foraging and commuting on land. Now is the only practical time to observe and record them. Great Britain hosts three native newt species; Palmate, Smooth (or

Common) and Great Crested. Palmate newts are largely absent from East Anglia. Great Crested Newts, though sometimes locally abundant here, are a European Protected Species. They can survive more than ten years and attain an impressive size in age.

Survey methods included observation (morning and torchlight); bottle-trapping; netting and environmental DNA (eDNA) testing. The survey was deliberately kept low-key, since it is important to keep site disturbance to a minimum. The eDNA testing is normally rather expensive, but luckily, Sue Morgan was running one of her training day courses on newts, so she managed to incorporate the tests at Pound Lane Wood into her schedule and without cost to NRWG!

Friday May 4th was set for the main event, but during the preceding week, trapping and observation was also yielding results. Local dog-walkers kindly kept their animals out of the water to prevent contamination of the sampling by silt. On the day, course delegates from Natural England, Environment Agency and Forestry Commission all helped with the rather complex sampling methodology so the results should be suitably conclusive!



Male Great Crested Newt

The exciting news is that, even without the eDNA findings, Pound Lane Wood pond definitely contains a thriving population of Great Crested newts. Males and females were observed and recorded, at all stages of growth from juvenile ('efts') to mature; courting and egg-laying have been observed; eggs were discovered in the bankside and

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submerged vegetation, lying in the folded and 'glued' leaves the females create to protect them. Smooth newts are also living quite happily side by side and in abundance.

This confirmation is great news for NRWG and an indication that management of the wood, meadow and pond is along the right lines. As if to emphasise the point, a Common Spotted Orchid has appeared in Pound Lane itself, opposite the pond, and the first seen in the area by group members. All good news for a (hopefully) lovely summer!

Many thanks to local walkers and dog owners for leaving the pond and surrounds undisturbed during the survey period and to Sue Morgan for kindly donating her time, expertise and course delegates to the survey. Final count by the way was:

- GCN male - 6 (2 juvenile)
- GCN female - 3 (2 mature).
- SN MALE - 12 (5 juvenile)
- SN female - 15 (7 juvenile)

The picture is of a male Great Crested Newt, held by Sue Morgan, who is fully licensed to handle them.

David Mitchell
Dip. Arb. Rfs, F. Arbor. A.

The next planned working party will be on **Saturday 2nd June** at Pound Lane Wood when there will be a Spring Walk followed by formative pruning of some of the trees. Check the notice board for the latest details. For more information about events or joining the group, please contact our new Secretary Peny Conway on **01379 870165**.

Mike Reeves, 01379 668179

Wingfield & District Gardening Club

We are having a break during the summer months and no evening meetings are planned again until September. Priscilla Williamson, email: priscillaawilliamson@gmail.com

Red Feather Club

The Red Feather Club, operated and managed by the 95th Bomb Group Heritage Association, is the official UK museum of the 95th Bomb Group. The award-winning museum in a former NCOs' club, houses uniforms and memorabilia relating exclusively to the 95th Bomb Group and has been described by visitors as "stepping back in time".

We are open between 10am and 4pm on the **last Sunday** of every month between **April and October**. For SatNavs, our postcode is: **IP21 5DG**. Additionally, we have special events throughout the year and the dates going forward are:

Sunday 27th May, Museum open day.

Saturday 16th & Sunday 17th June, Celebrating 75 years since the 95th arrived at Horham. The museum will be open on the **Sunday** from 12 noon, bring a picnic and enjoy some light entertainment by the **Knightingales Vintage Singing Trio**.

Saturday 23rd & Sunday 24th June, Americana Weekend. On the **Saturday** evening we have a **Jumpin' Jivin' R&B Dance** with the 'Devil's Cut Combo'! They treated our ears so well last time, we just had to get em' back! We've also got Special guest DJ 'DJ Slimboy' in between sets. Book online for tickets or call **07788 966640** for further details.

On the **Sunday** we have Live music & DJ jamboree;

Food & refreshments; Classic American cars, hot rods, bikes & military vehicles; Multi period living history groups; Vintage Militaria & fashion trade stalls. If you have an American vehicle you'd like to display – we'd love to have it! Please email: s.bradley958@btinternet.com

Sunday 29th July, Museum open day.

www.95thbg-horham.com



In The Garden

After the cold and erratic winter and spring this year, most farmers and gardeners will agree we are about two or three weeks behind! That said, as we know plants have a way of catching us out, so don't forget to keep on top of the seed sowing so you don't run out of salads. Weeds don't appear bothered by the weather, so they are a never-ending battle in the veg garden no matter that time of year, just remember some weeds make very good bee and butterfly food - and are very pretty, so don't be too fastidious where you can leave them to grow!

Do it now?

If like me you are lucky enough to have an asparagus bed, the temptation after three years waiting for them to become productive, is to keep cutting and cutting! But by mid-June you need to put your knife down and let the fern grow and unfold. You want them to build up their strength, so you can be the envy of your neighbours next spring, serving fresh cut asparagus at every opportunity! P.S. the spears are lovely on the BBQ!

While the sporting calendar is warming up for the beginning of July and Wimbledon, you can be getting ready too. Its not too late to plant strawberries or



make more from the ones you have! If your plants are young and vigorous they will be throwing off runners around now, so peg them down with loops of thin wire either into the surrounding soil, or into pots part buried as this will encourage them to root. Ideally you should be replacing strawberry plants every three or four years or they lose their vigour.

Don't forget to feed and water - at the height of the summer give priority to hanging baskets and containers.

General Maintenance

Mowing the lawn can become a bit of a chore, but if you're after the Wimbledon stripes it will need doing once a week at least. If you have a few pernicious weeds you can buy "spot" weeders sprays or special tools, but remember any root left in place, no matter how tiny, will re-grow eventually.

If you have a pond, now is the time to rake up or pull out blanket weed and other floating plants like duckweed and

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azolla. Draw them onto the side of the pond and leave them to dry so any trapped water creatures can get back into the pond. When dry, put the weeds on the compost heap.

Deadheading annuals will stop then self-sowing unless you prefer to thin the seedlings out in the spring. Deadheading perennials will also encourage a second flush of flowers.

5 Minute Jobs

When watering, remember a good long soak once a week is far better than a light sprinkle every day!

Fill in any gaps in your border with a few annuals, tender perennials or pot grown dahlias. Your local garden centre will have loads around now, so it's a bit of retail therapy if you haven't managed to grow your own.

Watch out for Vine weevils as mid-summer is when they start laying their eggs. There are chemical and biological controls, even compost that already contains the controls available if you have a known problem. It's a quick and easy control, rather than a sad and disappointing aftermath if they get into your over-wintering plants and cuttings.

Whenever you pop out into the garden, take a bamboo cane and some twine. There is always something falling over or a flower stalk that need supporting at this time of year.

In the veg garden

Keep an eye out for potato blight, any small dark spots on the leaves or tubers with brown or purple blotches. Remove the foliage and harvest early varieties or spray with a copper-based fungicide and keep your fingers crossed for the later ones.

Remove the side shoots as soon as they appear at the base of the leaves from cordon varieties of tomatoes, but don't cut off any shoot that appear between the leaves as these will produce the flowers and fruits.

Keep sowing salad crops at two or three-week intervals and regularly pick peas, mangetout and beans to stimulate more flowers and more pods to pick. Runner beans are generally pollinated by bumble bees so planning a few nasturtiums or sweet peas in amongst them should help you get a better 'set'.



Claire Horne - BBC Radio Suffolk Gardening Expert

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Village Walks...

Step across the Waveney border into darkest Norfolk for a stroll through quaint cottages, pretty ponds and the tranquillity of the Angles Way. There are three alternatives for this edition routes, but the longer route is well worth the effort.

There is parking at the top of Fisher's Lane where the **long** and **medium** walks begin - turn off the B1118 into Water Mill Lane, in 50 yards there is a concrete area. Alternatively, Hoxne church is nearby or you could park in the village of Brockdish - there is limited parking at the church (or lay-by if easier) which is the start of the **short** route and it would cut half a mile off the long walk. It would also mean finishing closer to refreshments at The Old King's Head - Tea, Coffee, cakes all day, and a Pizza/Pasta pub. Note: The water meadows usually have cattle during the summer and autumn.

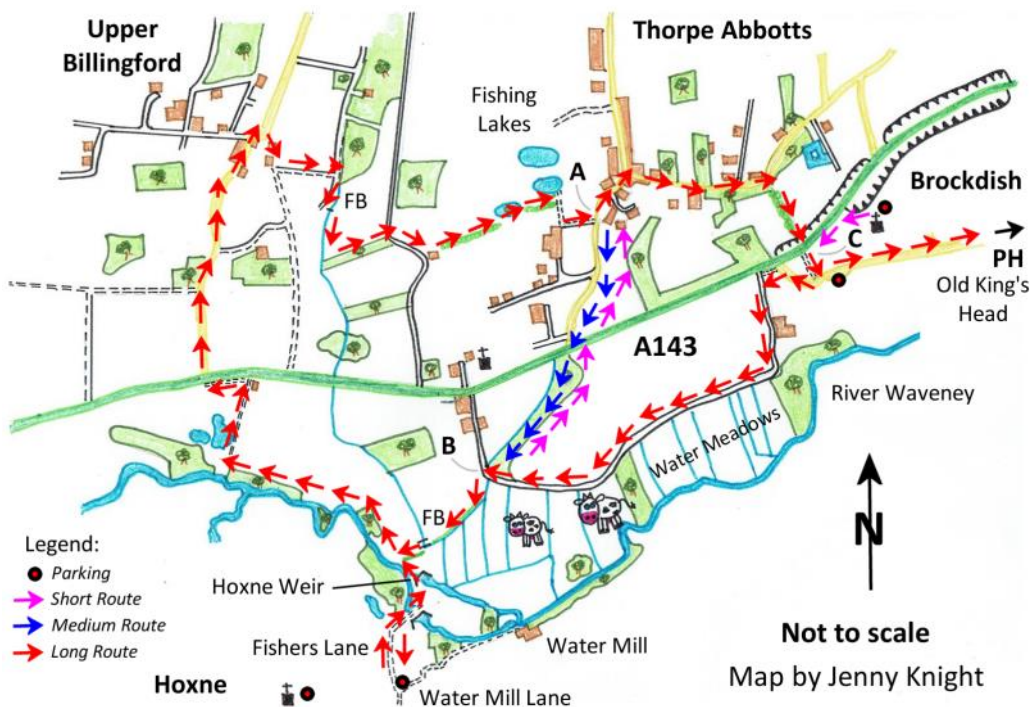
Start & Finish: Hoxne / Brockdish

Distance 3.4, 5.5 & 6.9 miles

OS map: Explorer 230

The **Short Route** begins at the church of St Peter & St Paul in Brockdish. A path leads from the end of the access road, across the top of playing fields, where a gate leads to another path parallel to the A143 and **Point C**. Follow the section **Point C to B** overleaf, then **Turn Right** onto the signed path that ascends the stream bed to the A143. **Cross** and follow the road to Thorpe Abbots, passing **Point A**. Now follow the section **Point A to C** and return to the church to end the walk.

For the **Medium & Long Routes**, descend Fisher's Lane to cross Moor's Bridge. From the bridge, look closely across the field before you, and note the slight hump of an ancient trackway that heads in the direction of Thorpe Abbots. **Keep Left** and follow the riverside footpath and then



cross the Hoxne Weir. **Turn Left** and head for a stile near the corner of the meadow. Cross the stile. You are now at the start / finish of the Mid-Suffolk Way, a long distance footpath to Stowmarket. You are also on the Angles Way (voted best riverside walk in England). **Keep ahead** to the left of the field.

The path skirts a wood and follows the River Waveney upstream until it crosses a footbridge over a ditch. **Turn right** and follow a farm track uphill to an electric sub-station building.

Cross a stile and **Turn Left** along the old road that runs alongside the A143. Just before the old road expires, **Cross the Busy A143** to continue along Kiln Lane, signposted Upper Billingford.

Continue along the lane, entering the village and come to the cross road with Wood Lane. **Turn Right**. Where the road swings left, **Continue** ahead on a lane skirting houses. Follow a concrete road across a field to a hedgerow and **Turn Right** onto a footpath alongside a ditch.

In a hundred yards, look for a footbridge crossing the ditch. **Cross and Turn Right**, still following the ditch until you reach a copse. **Turn Left**, uphill and along the side of the wood to its end.

Turn Right on a farm track, curving round a hedgerow to a cottage. **Bear Left** of the cottage and keep a hedge on your right until you reach a pond with an island on your left. The path doglegs here, but continues straight on and through a passageway between fences to arrive at the entrance to a fishery. **Turn Right**.

Follow the gravel road round a bend to reach a metalled road. You are now at **Point A**. For the **Long Route**, now follow the section **Point A to C**.

For the **Medium Route**, **Turn Right** onto the road and follow it to the A143. **Cross** the busy road with care and **Turn Right**. In a few yards, a footpath sign points to a gap in the hedge. **Pass through** and bear slightly right to the left hand side of a field

and alongside a stream (usually dry). Follow the field edge, but drop down into the stream bed as soon as possible until it reaches the track crossroads and go straight across. Now follow the section **Point B to Finish** to complete the route.

POINT A TO C

Turn Left on the road which takes you into the centre of Thorpe Abbots where there are several benches to rest and admire the pretty village.

Leave the centre on the Easterly road, as shown by the weather vane above the pump roof. **Continue** on the quiet lane for half a mile. Where the road bears left, take the footpath on the **Right**. A pair of Goats usually reside in a field on the left hand side of the road. Continue on the field-side path until it passes through some bushes to the A143.

Take Care crossing the fast moving traffic. After a few yards the footpath forks, **Turn Right** for **Point C**.

POINT C TO B

Continue ahead to the road. **Turn Right**. It's safer to walk on the left hand side of this short piece of road, checking over your shoulder for traffic. Before the road meets the A143, look for a gate on the left and pass around it to access a pathway that runs parallel to the main road for a hundred yards.

At the end of the pathway **Turn Left** onto a farm track and follow it into the valley. Where it reaches a cross roads, ignore the tracks to left and right and cross over, **Bearing Right** into a shaded lane. In about three quarters of a mile, the lane turns abruptly right and enters a crossroad of tracks, with **Point B** to your left.

POINT B TO FINISH

Keep along a field edge with a ditch and hedgerow on your left. Follow this path across a footbridge to the familiar stile that marks the beginning of the Mid-Suffolk Way. Retrace your steps over the weir and Moors Bridge to the finish.

Roger Knight

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Parish Council Reports

Please see page 2 for contact details and website addresses for all Parish Councils.

Denham

Spring clean! - The Denham Village Spring Clean took place over the weekend of the 14th & 15th of April. Across the two days of lovely early spring weather 14 volunteers from the village collected 28 bags of litter and identified eight points around the parish for collection of larger items of debris. Due to the number of volunteers, we were able to cover the



Cllr Nick Farrow adding the final bags ready for collection

whole parish in one session ensuring that the village looked its best in time for the sunny weather to arrive. The Parish Councillors, who were all involved, would like to thank everyone who joined in for making it such an enjoyable and successful afternoon.

Village Hall Update - The future of the Village Hall is under discussion at the Denham Annual Parish Meeting on 23rd May. By then a structural survey will have revealed what needs to be done to get it back into use.

Contact - If you would like to contact the Parish Council about anything, I will be happy to hear from you.

Rod Caird, Clerk

Hoxne

The Annual General Meeting of the Parish Council took place on 3rd May and Cllr Edward O'Connor was unanimously re-elected as Chairman. Cllr Iain Gibson was appointed as Vice Chairman and the Council were pleased to welcome Cllr Alan Garnham who was co-opted to the Council at the meeting.

The resignation of Rod Searle was noted and thanks were expressed for the many years' of work which he had done as Planning Co-ordinator for the Council. One vacancy remains on the Council and the election to this position will take place at the June meeting. Interested candidates should contact the Clerk for more details.

Keep Hoxne Tidy - Unfortunately, it was necessary to cancel the village spring clean due to bad weather. It is proposed to have an autumn clean up instead, but it has not been possible to fix a date. As soon as this is known it will be publicised as usual.



Street Caretaker - If you enjoy being outdoors and take pride in your village, why not consider applying for our Street Caretaker role? You will work 21 hours per month, to suit you. Equipment is provided and this can be stored at the Parish Council garage.

Dog Litter - The dog litter bin in Low Street is well used. However, all parishioners are reminded to clear up after their dog - the penalty for dog fouling is £1000 under the Dogs Fouling of Land Act 1996. Your co-operation to clear up after your dog will be much appreciated.

Meetings - The Parish Council next meets **Thursday 7th June and Thursday 5th July** at 7.30pm at The Playing Field Pavilion.

Sarah Foote, Clerk

Syleham

No report for this issue.

David Young, Clerk

Wingfield

Next Meeting - Friday 1st June, Wingfield Barns, 7.30pm. This is also the Parish AGM.

Call for Candidates - This year we will have two vacancies on the Parish Council created by our esteemed Chairman, Mike Allmey (instigating his own Mikexit), and the untimely death of David Jenvey last year. If you would like to fill one of these vacancies, please contact the Parish Clerk. This is an opportunity to serve the community and help shape the future of the village.

David Young, Clerk



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AFC Hoxne

The final report of the season sees AFC Hoxne completing their first season in the Suffolk & Ipswich League (Senior Division) in good style and spirit. A run of eight successive defeats was ended with a magnificent 5-2 home win over Haughley United, this was followed by a splendid 2-1 win at Bramford. Although thrashed, 5-0 at home by East Bergholt United, we bounced back with an excellent 1-1 draw a way to Coplestonians of Ipswich (they previously had beaten us 7-3 at home).

An under-strength side performed well in only losing 0-2 at home to Henley Athletic. Our final two home games saw a 2-2 draw with Grundisburgh and a 2-0 win over Capel Plough. Our final match of the season was at Leiston St Margaret's, we lost 2-1 to finish 11th place out of 16, but avoided relegation as Achilles came top. All in all, a splendid achievement by the lads, my personal highlight being the 6-2 win at Grundisburgh in November.

In the "League A" reserves group, the second XI finished a credible 3rd place in the table out on 11, with Old Newton United Reserves taking top slot.

Clive Baxter

<http://touchlinesil.co.uk/fixtures>

AFC Hoxne Veterans

Well what a season AFC Hoxne Veterans have had for 2017/2018 in the Norfolk & Suffolk Veterans League. We are on track for winning the Division One (North) league with two games left to play. We have only lost one game all season which is a great achievement for our team. We have had huge commitment from all our players and we really have been a force to be reckoned with.

We reached the semi final of the League Cup in which we hosted a strong

Woodbridge side who had been in the final for the past two years. We unfortunately lost after 90 minutes, but not once did our boys give up battling for a win.



The highlight of this season has to be reaching the County Cup final held at Sudbury town on a 4G pitch. This was definitely a day to remember. We again had to play Woodbridge veterans for a second week running. Unfortunately, again we were defeated 4-1, however we really made a day off it. A big thanks goes out to Guy McGregor who helped fund a 55 seater bus that was full of players, their wives, children and supporters.



Watch this space for more news on AFC Hoxne Veterans next season.

Hannah Mayhew

<http://www.nsvfl.co.uk>

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The Lunch Bunch Visits...

We had hoped for better weather, but the Lunch Bunch shrugged off the cold and wet of a lovely "Spring" day and took a short drive down the A140 to Thwaite to try Suffolk's Vegetarian & Vegan Pub Restaurant.

We arrived and the car park was already filling up, so we were very glad we had booked a table! Although spring was supposed to have sprung, the log fire was burning away and the welcome warm! The array of drinks on offer was as expected in a good pub, beer on tap, lots of soft drinks to choose from.

We sat down with our drinks and looked over the menu. There was also a specials board with a few inviting options too! Spoiled for choice.

We decided to try one of their "Starters suitable for sharing" and picked the Meze platter - Falafels, spiced hummus, pistachio and apricot tabbouleh, green olives, a baby leaf salad and fried flatbread. Messy but delicious!

For mains we picked a Mushroom and Chickpea Korma and rice from the specials board, roasted parsnip, mushroom & chestnut pie and the caramelised onion & rosemary calzone. The korma was perfectly spiced and the sweet little poppadums' really set the plate off beautifully. The pie was topped with puff pastry and the chunks of mushroom and chestnut coated with a red wine and herb gravy. The calzone was filled with sweet potato, caramelised onion and melted brie and came with a lovely fresh and crisp salad. Delicious is an understatement. All the flavours mixed perfectly and not once did any of us wonder where the meat was! Or miss it



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for that matter. We were all tempted by other items on the menu, like Roasted mushroom wellington or Wensleydale and



watercress cheesecake, I can see a return visit sooner rather than later!

The main meals were very filling so when it came to the deserts, it was a struggle to know what to try! But for you, our readers, we decided we had to give at least one or two of the amazing sounding offerings a go! The Lime & coconut sundae was bright and refreshing and tasty right to the bottom of the cavernous glass it was served in and the orange, almond & Oreo cookie torte with the mouth-watering bitter orange glaze was scrumptious.

When the bill arrived, we agreed what good value the meal was, so not only would we

recommend this place as a great and tasty place to eat whether you are a vegetarian or not, it's also good value! Just remember you may need to book, but worth the phone call. Closed on Mondays.

Individual Starters from £4.90 - Starters to share from £5.90, Mains from £10.90, Deserts from £4.90.



The Lunch Bunch

A Word from Wingfield

Adventure Travel

In these, my final years, travel has become difficult. Thus, in January, I was about to set out on a comfortable four month long round the world sea trip sailing through both Suez and Panama canals, but found the travel insurance prohibitive and cancelled. The ship was scheduled to call at 42 ports where I hoped to see old friends. Instead I have gathered from my library a collection of favourite travel and adventure stories as an arm chair substitute. In lieu of going ashore at Nakualofa to call on the King of Tonga, I shall re-read 'Minerva Reef' so as to recall his remarkable people. Likewise, the Chitty's account of their epic journey in the footsteps of the pilgrims from Compostella, and then following the larger imprints of Hannibal's elephants over the Alps (but with their two small daughters riding two donkeys and heavy camping gear in packs), echoes my failing ambition to repeat our 1965 family expedition, when we embarked for the last time with our battered Peugeot 404 from East Africa. It was slung out on cables from the hold at Trieste and we set out to explore the Balkans, Greece, Italy and parts of Europe, arriving home seeking pastures new.

Paice's scholarly account of 'The Lost Lion of Empire' the remarkable life of Cape to Cairo Colonel Grogan, dubbed the British Ernest Hemingway brings back wonderful memories of Africa including lunch at Taveta with the old survivor and his mistress. I had to get another copy of Tomalin's 'The Strange Last Voyage of Donald Crowhurst' as I had lent mine to the Korean captain of a small fishing boat in Fiji back in 1969 when we were there setting up the University of the South Pacific, where our love of the Pacific began. I had hoped to see whether the earthquake and hurricane proof house

which Anne built in the Tamavua hills was still standing.

I have still not found time to read the account by Craig Murray our principled Ambassador in Samarkand who was sacked by the Foreign & Commonwealth Office when he told the truth about the government of Uzbekistan. Speaking truth to power can have disastrous personal consequences. We witness it today with both Brexit and Empire Windrush bureaucrats.

My own travels began with my national service with the Royal Navy. The tentacles of the East Indies fleet then stretched to Far East Malaysia. Just after WWII we called in at Singapore to show the flag (i.e. imperial power) from the flagship HMS Glasgow carrying the fleet's Commander in Chief (and his wife which was said to bring bad luck, but there are other explanations for this reluctance). I still have the photo of the entire ship's crew of some 700 men, mostly seamen and some three dozen officers. After the formal exchange of 16 and 18 gun salutes, the Governor and his aide de camp were piped aboard after which the C in C made a reciprocal visit ashore followed by a march past led by our Royal Marine band. We repeated this routine in empire outposts such as Mombasa, Mauritius, Seychelles, the Maldives, Aden, Dar es Salaam, Penang, Karachi, Bombay, Madras, Calcutta, Basra, Nicobars etc.

On this occasion we officers were invited to an evening reception by the new Commissioner General for South East Asia, one Lord Killearn, our brilliant wartime Ambassador in Cairo, then Sir Miles Lampson, and just admitted to the House of Lords as befitted his new rank. He succeeded to the wartime regional wartime coordinating post created by Churchill for Admiral Lord Louis Mountbatten, who was finally promoted to the ultimate height as the last Viceroy of India. I once wrote about Lady Longhurst,

the titled daughter of Field Marshall Wavell who had left Delhi to make way for Mountbatten. She was a doughty fellow Sussex County Councillor who had married Wavell's aide de camp at an event Pathe news showed to be as good as a UK royal wedding with the splendourous pomp of coaches and Indian cavalry bearing lances.

Lady Killearn who came with a reputation in Cairo for her wild parties, asked us bring along our Royal Marine band to the palace at Johore Bahru some miles north of Singapore. The musicians enthused at the chance so we commissioned a naval lorry with a steel frame covered with a canvas awning and sent the band off as an advance party. The lorry drove to the front door through the porte-cochere and being too high swept all the electric lights away and fused the palace. This had been the home of the Sultan of Johore on the Malayan side of the famous causeway easily crossed by the Japanese and leading to the British surrender because our guns were unable to point in their direction, a major military blunder. I recall the Sultana, his wife, was British. Such mixed marriages were unusual in those days, but no longer.

Our supper was laid on long tables on the front lawn overlooking the lights of distant Singapore. I remember the lobster and the duty free champers. As we supped by candle light, the lights came back on, and we moved into the ballroom where our band played dance music, Victor Sylvester foxtrots, not rock and roll which was yet to be invented. The women were heavily outnumbered by men so most of us sat around until Lady K said lets all do the Lambeth walk or was it the Hokey Cokey? She formed us up into a long crocodile and we threaded our way up and down and around the palace, bedrooms, corridors, kitchen and back to the ballroom. My recollection of events was and still is, somewhat hazy. Old FCO readers will no doubt recall similar events. For me it was

a first glimpse of what I term the "FCO Burgess and Maclean life style".

Later when we sailed to such ports as Colombo, Trincomalee, Dar es Salaam, Mauritius, the Seychelles, the Car Nicobars, Aden, Basra, Penang, Burma, Karachi, Bombay, Madras and Calcutta (often to say farewell to the Raj), the ceremonial pattern would be repeated.

I have a very clear memory of a final mess dinner with the Black Watch, our rear guard in Karachi. The haggis was piped in and the precious regimental mess silver was brought out. The Colonel ended up at midnight astride a candelabra pushed from side to side over the mess table. At dawn we adjourned to the Karachi flats to shoot snipe which were eaten for breakfast. In Mauritius, we shot Javanese stags at dawn, hosted by the old land owning French community, drank brandy for breakfast and then played them at bridge.

By a strange coincidence, when we returned from Africa, my new neighbour said she was the widow of the Officer in Command of the British troops who fought on the causeway up until the surrender, but then disappeared. As a Roman Catholic she had to wait seven years after his disappearance when his death could be presumed, before she could re-marry.

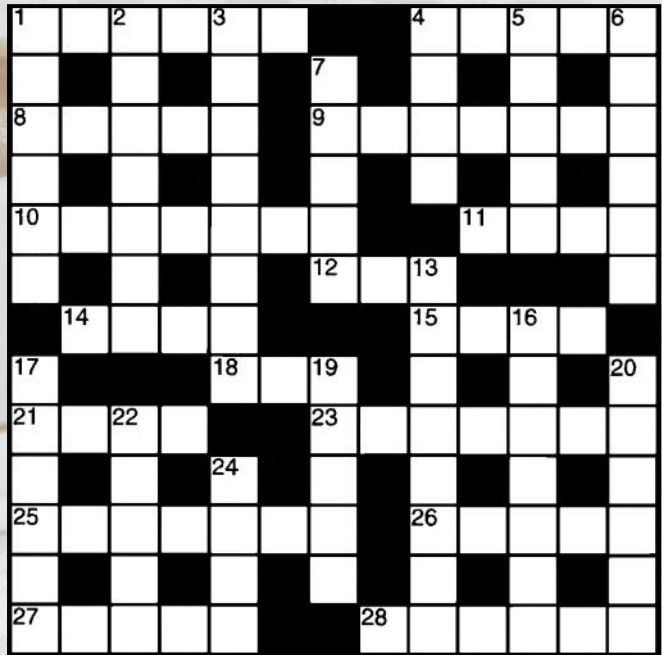
So, my shelf of travel and adventure books is a poor substitute for the real thing, but I am hoping soon and before it is too late (visas and all that), to travel by the back roads through the Balkans to Turkey crossing the refugee route to Greece as a last fling, but for this trip I shan't be taking out travel insurance, just a strong black zip plastic bag in case it is needed for my cadaver, which is bequeathed to the UEA medical school. As far as I know, the Border Agency is only interested in live immigrants, so I shall ask my driver to take the "Nothing to Declare" channel and if challenged, to insist that the only duty is to drive me to Norwich.

Tommy Gee

Crossword

Puzzle No. 124

To enter the crossword competition, send* your solution to the editor for a chance to win £10. The winner will be the first correct entry picked at random from those received by **Friday 6th July** latest. *Don't forget you can email a photograph or scan of your entry too!



Across

- 1 I enter a specific location - rather fishy (6)
- 4 Nominates tangled means (5)
- 8 He is a winner in Hollywood (5)
- 9 Soldier found in pub - that makes sense (7)
- 10 Obtain a professional remedy (7)
- 11 Local watering hole (4)
- 12 Hurry to score at cricket (3)
- 14 Sounds like customer purchased a cowshed (4)
- 15 Made a mess of a cheese (4)
- 18 Permit a rental (3)
- 21 Pain in teacher's tummy (4)
- 23 Approve of the last finisher in the Derby (7)
- 25 Strange for a dog to be linked to debts (7)
- 26 Delete from an opera season (5)
- 27 Steadfast but confused alloy (5)
- 28 Agreement found in class enterprise (6)

Down

- 1 Be quick to help an actor (6)
- 2 Yon chav could become tasty (7)
- 3 Fun fair ride may be found at Gatwick (8)
- 4 Short period of darkness is close (4)
- 5 Would the parrot mother sound like a crow? (5)
- 6 Non-u utensil becomes noiseless (6)
- 7 Senior type of tree (5)
- 14 Require not so much - that's unnecessary (8)
- 16 Ace gear restored on extensive grounds (7)
- 17 Drunken lascar is a scallywag (6)
- 19 Heard to make fun of afternoon refreshments (5)
- 20 Choose the pick of these lectures (6)
- 22 Rugged Victorian author (5)
- 24 Frustrate with a sword (4)

The winner of crossword puzzle no. 123 was: Cathie McGregor, Hoxne

Answers: **Across** 7) Vessel 8) Hating 10) Railing 11) Atone 12) Exit 13) Tread 17) Verge 18) Loch 22) Alive 23) Teacher 24) Retain 25) Bronco **Down** 1) Oversee 2) Aspirin 3) Devil 4) Bananas 5) Piton 6) Agree 9) Aggregate 14) Reverie 15) Nothing 16) Cheroot 19) Harry 20) Kitty 21) Marry

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Joan and David at Hoxne Post Office & Stores have kindly agreed to accept copy and crossword entries on our behalf.

DEADLINES

Issue	Copy Date
February/March	8th January
April/May	8th March
June/July	8th May
August/September	8th July
October/November	8th September
December/January	8th November

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