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&  
WINGFIELD

*VILLAGE  
VOICE*

APRIL - MAY  
2013

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Meeting times for all Councils will vary.  
Please refer to Council reports for time of  
the next meeting

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Due to the Deanery reorganisation  
Plan, all four parishes are now  
technically in interregnum and are  
without a priest-in-charge.

# COMMUNITY NEWS

## Editorial

### *The name of the game*

Of many good things that came out of 2012, the enduring legacy of the London Olympiad could prove to be the most valuable. Physical activity is just as important as mental stimulation for healthy development in the young. Advances in television and computer technology are, as many parents know, growing distractions from a balanced outlook. Hopefully, the Olympics have done much to redress that balance.

At the ripe old age of ten, when the best television could offer was Bill and Ben, the Flowerpot Men, and the nearest thing to a computer was a sliderule, I played my first game of rugby football. It was an unruly affair with thirty over excited school boys hell bent on self destruction. In spite of the bumps and bruises, it was also a landmark in development and the first step to a rounded manhood. However, it didn't come without cost – a broken collar bone, probably no more than a greenstick fracture, but nevertheless worthy of medical attention and, in hindsight, the potential of putting me off outdoor activities for life. The medical attendant just happened to be our family GP, a stocky little Welshman called Bobby Joel who had been scrum-half for his local club. Strapping me up, he said: 'What you need, Boyo, is to see how the game should be played. I've got tickets for Wales v. England at Twickenham and your dad says you can come.' My little jaw dropped; there was a God after all, even if he was a Welshman.

The big day arrived and me and the Doc climbed aboard the 9.17 to Paddington. Twickenham looked a lot bigger than I'd imagined as we took our seats amid a formidable array of Owen Glendower's men. As a body, they belated the strains of 'Bread of Heaven' at every conceivable opportunity.

A little way into the first half, England won the ball from a scrum on the Welsh twenty-five and cleared it to the wing. A try looked certain. I yelled my head off, 'Come on England!'. Before I could repeat the exhortation, a hand clamped across my mouth. It was the Doc. 'For cryin' out loud, Boyo, shut it or you'll end up in Casualty!'

I tell the story because two things happened to me that day and a visit to Casualty wasn't one of them. I found role models and physical ambition was awakened - not that I ever aspired to international level (well, just once), but a variety of sporting endeavours, complete with more bumps and bruises and the odd life threatening experience, have given rewards that no computer



# Diary dates

## **Monday 1st April**

Aprils Fool Day

## **Wednesday 3rd April**

WB Film shows, Gambit, p9

## **Thursday 4th April**

SEH Hoxne Parish Council, p18

## **Saturday 6th April**

DVH Village Litter Pick, p37

Wingfield Church Concert, p25

## **Monday 8th April**

WB In the Pink, p6

## **Tuesday 9th April**

WB French for your Holidays, p6

SEH Friends of Hoxne Church AGM, p23

## **Wednesday 10th April**

SWH Syleham PCC Annual Mtg, p24

## **Thursday 11th April**

WB In the Pink, p6

SEH St Edmunds Hall AGM, p11

Hoxne Heritage Gp, Swan Hoxne, p13

## **Friday 12th April**

SEH Film Night, Skyfall, p11

## **Saturday 13th April**

SEH Artisan Market

SWH RBL Coffee Evening, p6

WB Richard Diggance Concert, p9

## **Sunday 14th April**

RLF Plant Sale, p6

St John's Denham AGM, p23

Wingfield Annual Parish Mtg, p25

## **Monday 15th April**

Mothers Union, Val Jeffires Diocesan President, p23

4 Village Voice

## **Sunday 16th April**

Home-Start Course, p16

## **Wednesday 17th April**

SWH The Long Life and Good Fortune of John Clare - Eastern Angles

WB Film shows, Argo, p9

## **Thursday 18th April**

HGSC Propagation & Greenhouse techniques, p12

## **Sunday 21st April**

HPP Hoxne Bowls Club Open Green Day, p31

## **Thursday 25th April**

HGSC Ramble, Buck's Head Thwaite, p12

SEH - Hoxne Annual Parish Meeting, p19

Brundish VH, Garden Fashion, p11

## **Thursday 2nd May**

HPP Hoxne Parish Council Annual General Meeting, p19

## **Friday 3rd May**

SEH Escape to Danger, p6 (and Saturday/Sunday)

WB Megson Concert, p9

## **Monday 5th May**

Red Cross Open Gardens week, p36

## **Monday 13th May**

RLF Learn about water voles, p6

## **Thursday 16th May**

HGSC Subterranean Norwich, p11

## **Saturday 18th May**

SEH Film Night, Quartet, p11

Wingfield Church I remember, p25

WDGC Garden Visit, p11

▶▶ game ever could. If the Olympics have imbued similar aspirations in a young breast, they were worth every penny.

I am reminded of another doctor who, many years ago, was taken to task in a radio interview about his reckless lifestyle as a member of a Scottish mountain rescue team and winner of a national pipe smoking competition! He rounded on the interviewer, 'Laddie, it's not the quantity that matters, it's the quality.' He had a point. So, turn that screen off and get out there, you young; that's the name of the game. But just leave the pipe with Grandpa!

**John Ball**

Thanks again to JB for getting the Voice off to a good start. I would also urge you to read this issue's piece from Tommy Gee on page 43; I laughed out loud when I received it. These roles are not set in stone and I would welcome others to have a go - either volunteers or pressed men!

I asked for feedback last issue and I've had a little, but not enough. I've added a questionnaire on pages 51 and 52 hoping to find out what you like, what you don't and what new items you would like to see. Either cut it out and return it to me or send me an e-mail and I'll send you a copy to complete electronically (VV@suffolk@live.co.uk).

**John Langley**

.....  
**Monday 20th May**

Mothers Union, Emmaus Foundation, p23

**Wednesday 22nd May**

SWH Wingfield Parish Council AGM, p42

**Thursday 23rd May**

HGSC - Ramble - The Crown, Brundish, p12  
WB Italian Opera from Rossini to Puccini, p9  
SWH Denham Parish Council AGM, p37

**Monday 3rd June**

Hoxne Church Outing, p23

**Saturday 22nd June**

Hoxne Village Fete, Abbey Farm, p22  
#

■Parish Church services, see page 21.

■Hoxne Artisan Market; second Saturday of each month - SEH

■SEH bookings, Andy Bull 668273.

■For Hoxne Playingfield Pavilion, Gail Jackson 668186.

■SWH, Joyce Revell on 668102.

DVH - Denham Village Hall

HGSC - Hoxne Gardening and Social Club

HPP - Hoxne Playingfield Pavilion

MWVH - Mendham & Withersdale Village Hall

RLF - Redgrave & Lopham Fen

SEH - St Edmunds Hall, Hoxne

SWH - Syleham and Wingfield Village Hall

WB - Wingfield Barns

WDGC - Wingfield & District Gardening Club

■Local fitness instructor Emily Orford of In The Pink Fit is starting three new weekly fitness classes at Wingfield Barns commencing Monday 8th April 2013. Monday evening classes are Full Body Fitness 6.30pm to 7.25pm followed by Holistic Fitness 7.30pm – 8.25pm and Thursday mornings is Fitness for Life 10.00am – 10.55am. Suitable for all levels of fitness, classes can be bought in blocks of 6 for £30 or £6 per class pay as you go (subject to availability). For more info or to reserve a place, please contact Emily on 07946353731, mail [emily@inthepinkfit.co.uk](mailto:emily@inthepinkfit.co.uk) or look at [www.inthepinkfit](http://www.inthepinkfit).

■Hoxne Players in association with the New Eye Theatre will be presenting the Comedy Thriller "Escape To Danger", by John Gleeson on 3rd, 4th and 5th May in St Edmunds Hall. The story is set in a deserted old farmhouse in mid winter on Dartmoor where a group of stranded travellers learn that an escaped dangerous prisoner is heading their way - will they survive his murderous intent?! Tickets will be available from mid-April at Hoxne Post Office and The Eye Pharmacy.

■Redgrave and Lopham Fen are having a plant sale on 14th April - over 20 award-winning and specialist nurseries. Perennials, trees, shrubs, ferns, fruit bushes, herbs, seeds and lots more! Plus second hand tools, traditional wooden rakes, mulch, donated plants and homemade fudge. On 13th May you can learn about water voles, their ecology, status in Suffolk, simple surveying techniques and how to identify

## *HERE AND THERE....*

habitats. Details and more events on their website.

■Mr Reevesi sent me the following disappointing note. We had been told that people in Suffolk were welcoming but not so. Our origins are from the Far East but our forebears have lived in England for around 100 years. When we first came, we were friends of nobility and as our numbers grew we spread. We keep ourselves to ourselves and don't seek any support from the authorities. However, despite this, people seem to regard us as nuisances and try and move us from our homes. I've heard that violent action has been taken including shooting, although I haven't seen this. The government does not appear to be interested in our fate. We have now been in the UK for many generations and we should be treated as English not immigrants!

■French for your holidays. Wingfield Barns are holding six one hour sessions to equip you with just enough French to get by. Afternoon or early evening. Informal, relaxed setting. No tests, no assessments. Start date Tuesday 9th April at 1.30 or 6.30. £5 per session. Book all six sessions for £25. To book, or for more info 01379 384505 or mail [enquiries@wingfieldbarns.com](mailto:enquiries@wingfieldbarns.com)

■The Hoxne and District RBL are holding a fund-raising Coffee Evening on Saturday 13th April from 7.00pm to 9.00pm in the Sylham and Wingfield Village Hall

**From Adrian and Jane Knott\***

It was wet, windy, and cold for the Syleham Carol Singing but the welcome was as warm as ever. Our collection for Kids' Company raised £340; many thanks for the generosity of all involved.  
Syleham

**From Margaret Sillis**

Regarding your plea for someone to resurrect the Theatre Club, I would be happy to be very active in this if we could get another couple of volunteers as a 'committee'. I have done quite a bit of this before when at work and it is really too much for one person! If anybody is interested, could they contact me by e-mail at Margaret.sillis@btinternet.com or drop a note to Highview, Cross Street, Hoxne and we'll see if we can get it up and running again.

**From Philip Flagg**

Parish Plans may, in many quarters, be regarded as ways of asking the right question so as to be sure that you get the answer that you want. It is interesting that the Hoxne Parish Plan (Q16) shows that 225 parishioners out of 353 answering the question believe that the Parish Council should acquire allotments (a 72.2% response).  
Translating the "225" into the six definite now on the list begs many questions. My hope would be that the degree of difficulty in purchasing land (and the associated costs of so doing) does not get in the way of

## *Letters to the Editor*

attempts to lease a small area for the six of us that would like to put this Parish Plan idea into practice. A 10 rod, and what a lovely old English method of measurement, that is the standard allotment size, it costs a reasonable £60 pa at Eye.  
Six allotments paying a total of £360 pa is not a derisory sum. Is there a farmer who would accept this for "a small corner of England", that is not in Horam or Eye is what we seek. You never know that the six may grow to closer to the 225 or the six may even pay more to be in the village and establish the trend.

Cross Street, Hoxne

**From Chris and Jackie Johnson**

Under the new Quizmaster, Chris Johnson, 11 teams were in hot competition to come first at the Save the Children Quiz on 26th January at St Edmund's Hall. The clear winners were 'The Regulars' with an impressive score.  
Our sincere thanks go to all those people who helped with and supported this event in so many ways. The local branch can report that the amount of £321.20 was raised for 'Save the Children' and be assured that, through your generous support, the charity is able to bring smiles to many more young faces.  
Cross Street, Hoxne

*\*Apologies, missed in last issue, ed,*

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# News from Wingfield Barns

## Italian Opera from Rossini to Puccini

WEA Eye Branch are offering a one-day course on Thursday 30th May 10am - 3.30pm. It will be tutored by experienced opera tenor Andres Hernandez-Salazar. The course will explore a musical 'Golden Century' from the premiere of The Barber of Seville in 1816 to Turandot in 1926, 110 years of inexhaustible melody and effortless invention in Italian opera and music. Andres is much in demand as a lecturer in music history and runs regular courses for a variety of groups and societies.

Costs for the day will be £10 per person including tea and coffee. A buffet lunch can be provided at £7.50 per head if booked in advance. The bar will be open at lunch time; picnic space is also available. For further info contact Ray Carter 01379 668474 or mail raycarter1@hotmail.com

## Richard Digance in Concert

Richard Digance returns on Saturday 13th April at 7:30. His show was sold out last year so book early to avoid disappointment. Tickets £15 available from the Box Office 384505

## Megson – BBC Radio 2 Folk Award Nominees

Husband and wife Debbie & Stu Hanna are folk duo Megson and will be performing at Wingfield Barns on Friday 3rd May at 7:30. Enjoy a fabulous start to the Bank Holiday weekend. Tickets £12.50 from the Box Office 384505.

*'One of folk's hottest properties' The Guardian*

## Coming soon

Wingfield Barns are bringing Midweek Movies to Suffolk, with matinees and evening screenings to suit all cinema lovers. Beginning Easter week and then fortnightly. We aim to show both current and classic movies. Light refreshments will be served for the matinee and the bar will be open for evening screenings. Tickets for sale on the door £5, 1:30pm and 7:30pm

**Gambit (12A)** Wed 3rd April. Starring Colin Firth, Alan Rickman and Cameron Diaz. This remake of the 1966 Michael Cain film is a comedy crime caper scripted by the Coen brothers. An art curator decides to seek revenge on his abusive boss by conning him into buying a fake Monet, but his plan requires the help of an eccentric and unpredictable Texas rodeo queen.



**Argo (15)** Wed 17th April Oscar and Bafta winner 2013. Starring Ben Affleck and John Goodman. Tehran, 1979. An American embassy is stormed, and six hostages are forced to take refuge in a neighbouring Canadian embassy. Time is running out, but maverick exfiltration expert Tony Mendez has a plan that's just crazy enough to work: disguise the hostages as part of a film crew who are scouting a location for the newest, biggest and fakest sci-fi film of the year.

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# Choc Ices in the interval



Following amazing support from the community we will continue with our monthly film nights. The next film will be the latest fantastic James Bond film; Skyfall on Friday 12th April. Tickets are on sale now for £3.50 at Hoxne Post Office or from 01379 668060. As always the bar will be open and selling drinks, popcorn and choc-ices before and during the interval.

The next film night will be Quartet on Saturday

18th May, 7:30pm. With an all star cast, this highly recommended film is a wicked comedy about redefining old age and growing old with hope. Following this, film nights will be held on the second Friday in every month. I would also like to thank the rest of the committee for their help with running these regular shows without them they would not happen. We are in the process of applying for funding so we can secure our own installed cinema system and hearing loop. This will also be available for use by hirers.



The hall continues to be a popular venue and over the last few months has seen several different events.

Our Annual General Meeting will be held in the lounge on Thursday 11th April at 7:30pm. You are all welcome to join us to help review our year and to plan our future. Each year we seek members of the public to join us. If you have the enthusiasm and are interested in this village facility we would love to have you on board.

**Jenny Knights**

**On behalf of St Edmund's Hall Management Committee**

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## Wingfield & District Gardening Club

On Thursday, 25th April at 7.30 in Brundish Village Hall. Edward Martin, archaeologist with Suffolk County Council and landscape historian, will give a talk on Garden Fashion in Suffolk around 1700. Non-members very welcome £3.00

On Saturday, 18th May We will be visiting the garden at Furze House, Harleston Road, Rushall. Meet at Furze house at 10.00. Entrance charge £3.50; coffee/tea and cake £2.50

For further details about both events ring Priscilla on 01379 388034 or email [priscillaawilliamson@gmail.com](mailto:priscillaawilliamson@gmail.com)

# Green shoots

It's that time of the month to put pen to paper, something that is not always easy! Spring is on its way and, at last, our gardens are beginning to look colourful. If you came to our AGM in March you will have been able to get an advance copy of the Fruit and Vegetable classes of the Village Show, held on Saturday 31st August this year. Hopefully this helps to plan the fruit and vegetable growing for this season! Talking of the AGM gives me the chance to say thank you to retiring committee members, Jackie Insull and Lin Batey, for all their hard work and support over the years.

Thursday 18th April brings Terry Illsley to our meeting, talking about "Propagation and Greenhouse Techniques", a useful reminder for those of us who like to grow from seeds or cuttings. Thursday 16th May has Matt Williams telling us about "Subterranean Norwich [and Diss]",

which sounds a fascinating subject. In June our annual outing is to Mannington Hall, which I am certainly looking forward to. Rambles continue to be well supported, ably guided by Roger Knight, our Rambling Co-ordinator. Thursday 25th April finds us meeting at The Buck's Head, Thwaite, with Thursday 23rd May starting from The Crown at Brundish. Both rambles are approximately 4.7 or 4.8 miles long, please wear sensible footwear. We have joined the technological age, and now have a Facebook page, <https://www.facebook.com/groups/hoxnegardenclub/> There are some photographs of last years Christmas Dinner on it and more will be uploaded as time progresses. We always meet on the 3rd Thursday of the month and new members are always welcome.

**Sue Flagg, Chair. Tel 01379 668258  
or e-mail, [sue.flagg@hotmail.co.uk](mailto:sue.flagg@hotmail.co.uk)**

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## Wayne's ■ gardening tips ■ April/May

April: Some summer bulbs to plant late in the month - alstromeria, schizostylis, tigridia, bletilla, canna, crinum. Plant waterlilies, mulch your beds to help eliminate weeds and conserve moisture, lift and divide polyanthus after flowering, plant biennials for flowering next year.

May: Straw your strawberries just before flowers open. Hoe the ground thoroughly and then cover with fairly short straw, pulling this over the flowers if frost threatens. Have a good trim and tidy up of ornamental hedges. Continue sowing of vegetable seeds and trim root crops. Keep pests and diseases under control, spray against greenfly and rose blackspot and renew slug pellets.

**Wayne Page**

# There I was, digging this hole

Hoxne Community Dig – leaflets requesting volunteers to help with the dig will be circulated during the next few weeks. Although the official sign-up will take place at the meeting in the hall on Tuesday, 18th June at 19.30 it will be helpful to have expressions of interest beforehand.

As part of this project we are also aiming to produce an audio trail so that walkers can listen to some of the history of Hoxne as they walk around the village. We will be interested in any information about previous occupants etc. of your house, or other historical anecdotes to be included in this commentary. Please contact me at Highview, Cross Street or [margaret.sillis@btinternet.com](mailto:margaret.sillis@btinternet.com)

We are always pleased to see new members so why not join us on Thursday 11th April at the Swan PH? Meanwhile, why not visit our new website

[www.hoxnehistory.org.uk](http://www.hoxnehistory.org.uk) or visit us on Face book (Hoxne Heritage Group) or on Twitter (@Hoxne-HeritageGr) where we will post information about meetings and events.



Margaret Sillis ,Secretary

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## *Sure of a small surprise?*

When Pound Lane Wood was first planted a rabbit proof fence was erected to protect the young trees, but smaller mammals will have gained access either through or under the fencing. The New Reeding Woods Group is planning to survey the woodland during the coming year to catalogue the flora and fauna now inhabiting this area. A small mammal survey initially planned for December 2012 has once again had to be postponed because of bad weather, but will take place soon. Small mammal traps will be baited with dog food and left overnight. Early next morning the traps will be checked and recorded before the occupants are released. We are hoping that at least a few shrews, moles, mice and voles may have taken up residence, finding that Pound Lane Wood is a good place to live.

The date for the small mammal count will be rearranged, and the monthly surveying of the other flora and fauna will begin soon, and volunteers are needed. If you would like to help, please contact Mike Reeves on 01379 668 179, or David Mitchell on 01379 388 148.

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# Linking with Kenya

Pupils from Waveney Valley Partnership which includes Mendham Primary and St Edmund's Primary in Hoxne have selected over a hundred books to be sent to Mother's Mercy Home on the outskirts of Nairobi, Kenya. Headteacher Andrew Aalders-Dunthorne commented "as part of the full curriculum we offer, global education and social and emotional aspects of learning are really important to a pupil's rounded development. Opportunities like this bring it to life!"

The books will be taken to Kenya on Good Friday when Mr Aalders-Dunthorne, who is also the Group Scout Leader of the 1st Fressingfield Scout Group, will be leading an Easter expedition of ten Explorer Scouts to the orphanage in Kenya. "One of the tasks we will complete while at the orphanage will be to set up a children's library" added Mr Aalders-Dunthorne.

On return to the UK, both schools and scout group will strengthen links with the orphanage in Kenya with a regular skype link 'the new pen pal system' set up so that pupils at the schools in Suffolk and in Nairobi can maintain regular contact and learn from each other. In July four children from the Mothers' Mercy Home will come to stay locally for two weeks and some of the time will be spent visiting our schools.

The Waveney Valley Partnership of schools and the local Scout Group work together on a number of projects that extend and enhance the curriculum and opportunities for our children. Many pupils at the schools are also active members of the scout group.

Photo taken at Mendham Primary School.



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- Help – Others using your experiences and knowledge
- Become – Part of a friendly team

Other opportunities available in our current, weekly family groups and a new dads group starting soon.

Courses run in spring and autumn – next course starts 16th April 2013. For a volunteering pack or for more information please contact Maria Price, Scheme Co-ordinator, on 01379 678552 or email: [office@homestartmidsuffolk.org.uk](mailto:office@homestartmidsuffolk.org.uk)  
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**Thank you to The Adnams Charity for  
funding these training sessions**



# Council help for home heating

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**The Suffolk Warm Homes Healthy People** scheme may be able to help you make heating and energy improvements to your home this winter. We would like to offer you a free home energy survey carried out by an independent surveyor.

The survey will assess whether you qualify for FREE insulation, draught proofing or other energy efficiency measures. The independent surveyor will tell you what energy improvements you could benefit from and what offers are available to you. During the survey you will be advised on any quick and easy measures you can take to help reduce your fuel bills. If you are struggling to pay for home heating or having problems with your existing heating system then you may qualify for financial support. The scheme could also provide you with free use of a Temperature Sensor and Telecare Alarm Unit that raises an alarm if the temperature in your home gets too low.

You could qualify for the free survey if you own or privately rent your home and:

- someone living in the property is over 60 or under five years old or
- someone living in the property is in receipt of a disability or means tested benefit or
- the property is within Council Tax band A, B and C

To book a survey, all you have to do is call **08456 037 686** (Local rate- lines open between Monday-Friday 9 - 5pm). Survey appointments are available evenings and weekends, as well as during the day. So make this winter more comfortable by acting now.

The scheme is funded by the Department of Health and administered by your local authority and aims to make people warmer and healthier in their own homes.



# Suffolk County Council

# HOXNE PARISH COUNCIL UPDATE

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**GREEN STREET TRAFFIC CALMING** – It is proposed to seek the temporary use of a Vehicle Activated Sign from Suffolk County Council that will display vehicle speed, and to investigate its effect on traffic speed. This could provide a low cost solution, perhaps combined with more noticeable signs, to warn drivers that they are entering the village. In case this proves to be ineffective a detailed design and costing will be undertaken in parallel by MSDC to build a build-out and width reduction on the road to provide physical speed reduction. This would be a much more expensive solution, as the high-ways authority has decided that illumination will be required at night for safety reasons, requiring cabling to the nearest suitable source of electricity.

**ALLOTMENTS** – Despite continued efforts by the Parish Council over the last year or more, by advertising and discussion with major landowners, it has not been possible to find suitable land of about 0.5 acre. It is therefore reluctantly proposed to put this on hold for the time being. This project would be of great value to the parish, so will anyone with land to lease or for sale for such an application please contact Mrs Foote, The Clerk to the Council.

**REPORTING INCIDENTS TO THE POLICE** – To assist the police it is important that all incidents including vandalism and suspicious activities are reported to the police on 101 as quickly as possible. This enables them to build up a picture of the occurrences which can help to track down the culprits.

**DONATIONS** – The Parish Council have made donations to Diss and District Citizens' Advice Bureau of £100, East Anglian Air Ambulance of £100 and to Eye Community First Responders of £250. It is felt that they provide an important local benefit to this Parish.

**ARCHAEOLOGICAL DIG** – The Parish Council has liaised with the Hoxne Heritage Group and Suffolk Archaeological Unit to consider insurance and risk assessment issues to enable a 1 metre cube test pit to be first excavated on Low Street Green as part of a community archaeological project and then reinstated to its previous condition.

**ANNUAL PARISH MEETING** – Will take place at St Edmund's Hall on Thursday 25 April at 7.30pm. This is an important opportunity for parishioners to hear reports on many things that affect the Parish and for them to express any views. All are welcome.

The next Parish Council meeting will be Thursday 4th April at St.Edmund's Hall at 7.30 pm. The meeting after that will be the Parish Council AGM on Thursday 2 May at the Playingfield Pavilion at 7.30pm. All are welcome to attend.

**Sarah Foote, Clerk, Telephone: 07554 733621**  
**Email [pc@hoxne.suffolk.gov.uk](mailto:pc@hoxne.suffolk.gov.uk)**

# Phoenix pancake AGM

Mrs Sillis was invited to tell us about the Hoxne Heritage Group recently formed in the village. The plan is to make an archaeological study in various sites around the village to discover the various populations that arrived here back as far as Roman times. These studies will cover a wide range of interest.

AGM Report. The Chairperson and the Committee expressed their willingness to continue in office and were re-elected unanimously. Doreen Weller, Secretary, gave her report, which detailed the events of the last year, the outings and growing membership. Mrs Couch, Treasurer, reported a satisfactory credit balance and the subscription will remain at £15. The Chairperson, Mrs Bradford, thanked the Committee for their hard work.

As it was Shrove Tuesday, refreshments of pancakes and a glass of wine were served. A collection was taken on behalf of Miss Gladys Baldwin who was in hospital.

Doreen Weller, Secretary

.....

## HAS Lottery winners

February

£20 Mrs J Fox

£15 Mrs M Perks

£10 C. Bourne

March

£20 N. Carter

£15 Mrs J Havers

£10 Andrew Aalders-Dunthorne

Thank you for your continued support



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# NEWS FROM YOUR CHURCH

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## Hoxne, Denham, Syleham and Wingfield

Main contacts for anyone who needs to get in touch with a member of the clergy are:

Hoxne – Brian Chester, Flaxfield, Witton’s Lane tel: 01379 669157

Denham – Michael Reeves, The Brambles, Church Road tel: 01379 668179

Syleham – Mary Lewis, Little Hemplands tel: 01379 669258

Wingfield – John McCracken tel: 01379 384181

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### Times of worship

### April - May 2013

#### 29th March - Good Friday

Hoxne 10am Meditation

Wingfield 12noon Meditation

#### 30th March – Easter Eve

Denham 6.30pm Service of Light

#### 31st March – Easter Day

Syleham 10am Easter Celebration

Wingfield 11am Family Communion

Hoxne 11.15am Easter Celebration Family Service followed by a short form of Holy Communion

#### 7th April

Wingfield 10am Family Communion

Hoxne 11.15am Holy Communion

Syleham 11.15am Morning Prayer

#### 14th April

Wingfield 11am Holy Communion

Hoxne 11.15am Morning Prayer

Denham 11.15am Village Service

#### 21st April

Syleham 10am Village Service

Wingfield 10am Family Service

Hoxne 11.15am Holy Communion

#### 28th April

Hoxne 10am Family Service

Syleham 10am Holy Communion

Wingfield 6.30pm Evensong

#### 5th May

Wingfield 10am Family Communion

Hoxne 11.15am Holy Communion

Syleham 11.15am Morning Prayer

#### 12th May

Wingfield 11am Holy Communion

Hoxne 11.15am Morning Prayer

Denham 11.15am Village Service

#### 19th May

Syleham 10am Village Service

Wingfield 10am Family Service

Hoxne 11.15am Holy Communion

#### 26th May

Hoxne 10am Family Service

Syleham 10am Holy Communion

Wingfield 6.30pm Evensong

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A time for prayer in preparation for the appointment of a priest to the new Hoxne Benefice will be held at Wingfield Church at 9.30am on Tuesday 2nd April and at Hoxne Church at 9.30am in Tuesday 9th April.

# CHURCH NEWS

## Parishes join to form new Hoxne group

The new Hoxne Benefice with the parishes of Athelington, Denham, Horham, Hoxne, Redlingfield, Syleham and Wingfield, is now a reality. With the help of the diocese, the procedure of looking for a priest to serve these seven communities has progressed at some speed with an advertisement for the post appearing on the diocesan website and a central Church of England register. The vacancy is also being advertised in the Church Times. It is hoped that interviews can take place towards the end of April with a panel of representatives from each Parochial Church Council making the final decision. The post has many features which we hope will attract interest from a number of applicants but at this stage it is not possible to predict what the response might be. The priest will live at Wingfield in a house recently modernised by the diocese. In the meantime, the regular pattern of services at Hoxne is being maintained with the help of Canon Andrew Vessey, the Revd Peter Smalls, lay reader Elaine Cawdell and lay elders John Swann and Brian Chester. Any queries regarding services or other church matters at Hoxne should be directed to the churchwardens Brian Chester (669157) or John Ball (668222).

## St Peter and St Paul, Hoxne

A service of meditation and prayer will take place on Good Friday morning at 10am with the Easter Day Celebration taking the form of a family service beginning at 11.15am (lasting about half-an-hour) followed by a short break then a shortened Holy Communion. Denham will hold a Service of Light at 6.30pm on Easter Eve.

Significant improvements have been made to the church car park increasing its capacity which will be a great benefit for those attending some of the special services. The PCC is grateful to the Friends of the Church for a contribution towards the cost.

The annual village fete held to raise funds for the running of the church will this year be at Abbey Farm on Saturday 22nd June starting at 2pm.

## Friends of Hoxne Church

On Saturday 2nd March, Hoxne VillshHall was packed to its limit when the audience was entertained with an Old Time Music Hall performed by Wortham and Redgrave Theatre Group. Arrangements for this were made by David Cawdell Vice Chair of the Friends. Our thanks go to him for all his hard work. The evening consisted of 26 sketches plus plenty of audience participation with a variety of sing alongs. At the interval a ploughmans



# CHURCH NEWS

supper was served at the tables, plus a selection of individual cakes for a pudding. Our thanks go to Margaret Brawn and her team for all the work they put in. A big thank you to all who help to prepare the hall and then clear up afterwards. I do believe that a good night was had by one and all.

On 3rd June a coach will be going to Walpole St Peter Church (The Cathedral of the Fens) 51st Flower Festival. It will leave Hoxne at 9am sharp, then pick up in Dickleburgh. Cost for this is £15, which includes lunch. If we have time we will visit Sandringham afterwards. Interested persons should ring me on 740821. Our AGM will take place on Tuesday 9th April in St Edmunds Hall

**John Chapman, Chairman**

## Flower Rota

7th April Easter Flowers.

14th and 21st April

Altar Cathie McGregor

Porch Cathie McGregor

28th April and 5th May

Altar Sue Thornett

Porch Cathie McGregor

12th and 19th May

Altar Caroline Ball

Porch Sarah Foote

26th and 30th May

Altar Pru Day

Porch Sue Wood

If you would like to join the flower rota to help keep our parish church a welcoming space please contact Cathie McGregor 668434

## Mothers Union

Monday 15th April, Val Jeffries  
Diocesan President.

Monday 20th May, The Emmaus  
Foundation.

Meetings are held at Time House  
Low Street Hoxne. 2pm.

We welcome occasional visitors and  
regular members

**Cathie McGregor Branch Leader**  
**668434**

## St John, Denham

St John's Church in Denham will hold it's AGM after the family Service on 14th April. As usual this service will be at 11.15 am, with fellowship and refreshments beforehand. Morning Prayers in April are on Tuesday the 23rd at 9.30, in May the family service will be on the 12th, with Morning Prayer on the 28th both at the usual times.

## St Margaret, Syleham

Legacy – the PCC is most grateful for a legacy to the Fabric Fund of £500, given under the Will of the late Miss Joan Brown, an active and stalwart supporter of St Margaret's for many years.

Call My Bluff – Due to insufficient response, this planned event was unfortunately cancelled.

Soup and Snowdrop Walk – This fundraising event was a great success with many people enjoying the homemade soups and variety of

# CHURCH NEWS

bread in the cosy environs of Monks Hall dining room and a comforting log fire. This was preceded or followed by a walk through the surrounding snowdrop-filled woods and we were blessed with a dry mild day which made it all the more enjoyable. Many thanks to J Leader for his generous hospitality and to all those who participated in donating the delicious soups on offer. A tremendous £365 was raised for the Church.

Coffee morning – Jane and Adrian Knott hosted a lovely coffee morning at their home with many delicious cakes and pastries on offer. There were some interesting items in the bric-a-brac sale and a raffle with some great prizes. Grateful thanks to Jane and Adrian for their kind hospitality and £239 was raised for the Church.

Mothering Sunday – We held a special church service to celebrate this event, which included a presentation of spring flowers posies followed by coffee and cake. It was a lovely service and it was nice to see the younger element of the village participating in this enjoyable event. Many thanks to Colin Hamilton for playing the organ which was much enjoyed.

Tower Appeal Update – We shall be continuing our fund-raising efforts

this year as work costing about £3,000 has been added to the original specification. Proceeds from the Summer Lunch/Fete and the Auction of Promises will be added to this appeal so please plan to support these events!

Annual Parochial Church Council Meeting – Will take place on Wednesday, 10th April at 2:15pm in the Syleham & Wingfield Village Hall. Anyone on the Electoral Roll is welcome to attend. There will be news and photographs of activities with tea and cake, and we look forward to being joined by our former Vicar Fiona. The agenda and end of year accounts will be posted on the Church Notice Board two weeks prior to the meeting.

Easter Sunday – There will be an Easter Celebration at 10am at St Margaret's and everyone is very welcome. The Service will be taken by a visiting priest, Canon Roger Smith.

Future Events, please mark the dates in your diary  
29th June - Summer Lunch and Fête at Monks Hall  
27th July - Cheese & Wine Evening at Old Vicarage  
5th October - Auction of Promises at the Village Hall  
26th October - Harvest Supper at the Village Hall



## CHURCH NEWS

### St Andrew, Wingfield

We continue to be very fortunate in the visiting priests who are taking our Holy Communion services. On 7th April we will be welcoming Canon Brian Watchorn back to Wingfield. Those who came to the Lent Supper at which Brian spoke a few years ago will remember what a stimulating thinker he is. Brian is the former Dean of Pembroke College Cambridge and was until recently a Lay Canon at Ely Cathedral. On 5th May, Canon Chris Burdon who is the Canon Theologian at St Edmundsbury Cathedral will be coming to Wingfield to lead our Rogation Sunday service. This is when we ask God's blessing on the land and pray for the work of everyone in the village. We will be holding the service in the barn at Gables Farm.

Our Annual Parish Meeting will take place on Sunday 14th April at the conclusion of our morning's worship i. e. shortly after noon. Fiona Newton has kindly agreed to chair the meeting in her role as Rural Dean, and we are very grateful that she will also be taking our service that morning.

With the arrival of lighter evenings, our service on the 4th Sunday each month will switch to Evensong at 6.30pm, starting in April.

Additional dates for your diary are:

Saturday 6th April at 6.00pm Wingfield Church. Young people's concert: talented local young people will play a varied programme, plus special guest Thomas Coxhead on the main organ and the Tudor organ. £5 on the door and kids go free!

Saturday 18 May at 7.30pm Wingfield Church. An evening of Poetry and Prose. Come along and read your favourite poem or short prose extract on the general theme "I Remember, I Remember" - or just come to listen. Contact Eleanor Goodison on 07876 143579 to book your place in the programme. Entrance free.

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# Tributes to a Suffolk Lady

The Phoenix ladies are feeling very sad at present; we have lost our "Raffle Queen", Miss Gladys Baldwin. Our meetings will not be quite the same without Gladys selling the raffle tickets.

I have known Gladys for 50 years from when I moved to Hoxne; we cleaned the church together for a while and Gladys would always read the Visitors Book comments. It gave her great pleasure when visitors wrote what a lovely church we have; she loved the church, it meant a lot to her. She will be missed by a great number of people, going about the village in her little red car, always helping anyone who needed help, she spent her life looking after people. God bless you, Gladys, rest in peace. If they have raffles in heaven I expect that you will be running them.

**From all your friends at the Hoxne Phoenix Group, Doreen Weller**

One so often comes across those words 'will be greatly missed' in tributes to the departed. In the case of Gladys May Baldwin, that poignant sentiment warrants deeper recognition. Gladys was nothing short of a lifeline to many lonely or troubled hearts throughout her long and busy life. The little red car on its daily mission brought comfort and companionship to needy souls, some trapped in isolation, grief or despair. And, although she never wore the badge on her sleeve, a pilgrim in this barren land she surely was. One of her often used expressions was, 'I don't know what we will do without so-and-so.' Well, it's our turn to say it now.

We will remember Gladys in a variety of guises, not the least as a tireless fundraiser for her church and many other village organisations. Raffles will never seem quite the same without her. But her greatest service to the community was at that personal level of bringing a little light into the darkness of others. Yes, dear Gladys, you will indeed be sorely missed.

**God Bless. Hoxne PCC**

I must say how much Gladys Baldwin will be sorely missed by everyone in the Hoxne Garden & Social Club. She was a longstanding committee member. I found the minutes of the AGM on 19th April 1982, and she was on the committee then! If we ever had a problem, Gladys was always able to help, and many times entertained us with stories of past Dinners, Outings, Garden Parties etc. Needless to say that our Raffles will never be the same!

**Sue Flagg**

A few of the tributes received; an obituary remembering Gladys will be in the next issue. Ed

# Obituary

## Ken Read 1922 – 2013

Ken was born in Laxfield, the eldest of three children; his father was a harness maker with a shop in the village. Ken attended the local school until 14, then becoming an apprentice to the Framlingham firm of Bridges & Garrards, training as a plumber and heating engineer. During this time he met and fell in love with Audrey who had been evacuated from London with her brother.

Ken joined the army in 1942 and had initial training at Bury St Edmunds Barracks. He would leave the barracks “unofficially” at weekends to come home (much to the worry of his mother in case he was caught).

After training, he joined the Royal Electrical and Mechanical Engineers (REME), initially in the UK. As part of the invasion force, he set up workshops to repair armoured tanks in France, Holland and Germany to return them to the front line. For these duties, he was awarded the BEM.

Ken and Audrey married in 1943; Gillian, their first daughter, was born in London where Ken worked for four years after being demobbed from the army after the war. Employed by one of the larger firms

and at one stage he worked on Buckingham Palace. At the end of this time, Janice, his second daughter was born and the family moved back to Laxfield when she was three weeks old, staying for 10 years.

The family then moved to Hoxne, where Ken had bought and refurbished three derelict cottages that he had seen while doing some plumbing work at the school. He had worked evenings and weekends to make them into a nice property; Marcus, his son, was born during this time. Ken was able to start up his own business as a builder, trading as K G Read, later to become K G Read & son.

Ken & Audrey retired to Oulton Broad and enjoyed holidays abroad with Audrey’s brother and sister-in-law. Ken spent much of his time in the garden and greenhouse, loved the wild birds and also had an aviary and cared for his fish; he always had a dog or two.

Ken was a kind, gentle and quiet man with a great love of nature and, most of all, spending time with his seven grandchildren and great grandchildren.

# Obituary

## Jim Rush 1919 – 2013

Harold Montague Rush, was born in Rougham, near Bury St Edmunds. In 1934 the family moved to Shreeves Farm Hoxne and Jim went to agricultural college. On returning to Hoxne, he started work as an apprentice butcher in Low Street.

Meanwhile, Jim took a fancy to Joyce, one of the Chapman girls, living at Castle Farm, over the fence. But war broke out in 1939 and their marriage had to wait as Jim was called up, serving in the Far East and taken prisoner by the Japanese. On his return he often spoke about his experiences as a POW, how they were treated and what they had to eat.

On his return, married in Hoxne Church, Jim and Joyce settled down to married life in Heckfield Green. Jim went to work for W A Banham and Sons and stayed until his retirement. He loved driving the bulldozer and low loader and drove his family crazy as each time he went past somewhere that he had worked, he had to tell them.

Jim had a simple but happy life, rather than taking holidays, enjoying days out with Joyce and Sally, his daughter, who would sit on a cushion in the middle of his van. Close to his family he would stay up

when Sally had been out and put her car away for her on her return. After retirement, he doted on his three grandchildren and would drop whatever he was doing to look after them. If he wasn't at work, he'd be cutting the grass in the churchyard, where he was a churchwarden for many years. He walked miles with the dog and was always a happy, gentle and kind man.

When Joyce passed away in 2004, Sally realised that something wasn't quite right and the doctor diagnose the early stages of dementia. Jim initially went to The Trees Nursing Home in Harleston, later moving to Twin Oaks Nursing Home in Norwich to be closer to Sally. Her thanks goes to The Trees and Twin Oaks for their care in looking after her father.

While the dementia was taking hold, there continued to be glimpses of the old Jim who still had a sense of humour and he loved the ladies and they loved him. In his final days, Sally thinks that he still knew her, calling her my dear and always kissed her hand goodbye.

Jim will be sadly missed by Sally and his three grandchildren, Jonathan, David and Amy

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# Obituary

Hylda Meeston: died 25th January aged 69

Many of you will remember Hylda Meeston, who ran the much-missed village Post Office for several years from her outbuilding, until it was closed down and she moved to Banham. She suffered a bout of cancer whilst living in Denham, but unfortunately an operation failed to cure the problem and the disease returned recently in an aggressive form. Several people from Denham attended her funeral at Earlham Crematorium on 13th February, joining friends and neighbours from Banham and from her earlier life. In the address, especial mention was made of her love of horses, particularly the Arabian breed, and of all animals and natural life. Her gift for immaculate sewing was also spoken of, especially in the numerous high-quality curtains that she made, which will grace many local homes for years to come. Also mentioned were her strong opinions and her readiness always to offer help. May she rest in peace.

.....

## *New Bowls Season Approaches*

Hoxne Bowls Club will once again be giving people the opportunity to give Lawn Bowls a try at their 'Open Green Day' on Sunday 21st April, from 2pm. All ages and abilities are welcome, all you need bring is a pair of flat soled shoes. There will be refreshments and the bar will be open.

This year, every Wednesday will be 'Club Night'. So if you cannot make the Open Day, come along on a Wednesday evening from 6.30.

Club secretary, Roger Knight 01379 668 403



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# *Nursery sets up construction site*

Although we very much enjoyed our Ice and Snow theme in the nursery we were glad to see the end of the cold weather and start some warmer activities taking even greater advantage of our varied outdoor play areas. We have had a play construction site set up outside complete with head office, materials to build with, warning signs, cones and high visibility clothing to wear.



We celebrated World Book Day in March with our parents and carers coming in to read our favourite books in special story sessions and Red Nose Day when we all dressed up in red and sold tasty treats we had baked ourselves on our cake stall. We also had a theme about textures where we used all of our senses to describe many types of items and the children even walked through a spaghetti and jelly mixture with their bare feet!

We have got some exciting plans for Easter with making cards, baking shaped biscuits, egg hunts and making chickens and rabbits.

The Sweet Briar Blog on our website, [www.sweetbriarnursery.co.uk](http://www.sweetbriarnursery.co.uk), is updated every week with all the things we are doing in the nursery so have a look when you are next online...

We are open five days a week with hours available from 8am – 5pm for children from three months to five years. We aim to be as flexible as possible with hours to suit you and your child's needs and we can continue a child's individual home routine with our facilities for sleeping. You can add hours at very short notice, add on hours at seasonal times, work around shift patterns and take advantage of term time only arrangements. We also run holiday and half-term Playschemes for children up to the age of eight meaning we are open 50 weeks a year.

For children of three years and above there is Government Funding available for 15 free hours per week that you can spend with us. We are also able to secure funding for two year olds that meet the special requirements of the Government. Please contact us for more information.

We feed into a network of local Primary Schools and several of our children go on to our closest school, which is St Edmunds Primary in Hoxne, for which we are a joint provider.

**Sarah Buckley, Sweet Briar Nursery**  
**Tel: 668480 or Email: [sarah@sweetbriarnursery.co.uk](mailto:sarah@sweetbriarnursery.co.uk)**



# Easter eggs

Our new Heuristic play sessions have been a big hit this term with our children building their confidence, motor and problem solving skills as they explore the open ended resources in the fabulous space of the big hall!

Our new dolls' house furniture has also been greatly enjoyed by all the children, encouraging vocabulary development from our youngest children and inspiring our oldest children to carefully write name labels for the items in the house.

We have also enjoyed an induction visit to St. Edmund's school to allow the children aged 3 and up to get used to the classroom environment, our thanks to Mrs. Rednall for accommodating us.

Easter will bring us a range of crafts to make and themed delicacies to cook and if the

weather holds we will enjoy a magical Easter egg hunt and activities in a beautiful Spring woodland setting! Many thanks to Andy Bull for allowing us use of his wonderful woodland. The children will also be creating an Easter basket to display in the church over the Easter weekend.

Next term we look forward to, amongst other things, growing our own vegetables, visiting the animals at Easton Farm Park and several music workshops where the children can experiment with some more unusual instruments, both hearing them, playing them and singing along.

Now open Tuesdays! Preschool is now open on a Monday, Tuesday, Wednesday and Thursday – 9.30 – 3pm and on a Friday 9.30-1 at only £ 2.80 per hour for children aged 2-5. Do call or email to request a brochure or to come and look around our large and well planned environment.

Please note, if you wish your child to start between Easter and July, please contact us as soon as possible to ensure a place.

Contact – 07768872135 or stedmund-preschoolhoxne@gmail.com.

**Amanda Davies**



# *British Red Cross*

## *what we do near you.*

The International Red Cross & Crescent celebrates it's 150th birthday this year. We are the worlds largest humanitarian organisation, offering assistance wherever it is needed across the globe and in our local communities.

Last year the British Red Cross helped 3000 people with free medical equipment loans in Suffolk. If you need a short term loan of a wheelchair, commode etc call us on 01284 727 252.

We have almost 100 'home from hospital' volunteers, offering home visits to vulnerable people after a stay in hospital. They work from Ipswich and James Paget hospitals. If you would like help from the home from hospital team or to volunteer a couple of hours a week please call 01473 702 485.

The East Suffolk Fire and Emergency Support Team attended three night-time house fires between Christmas and New-year, providing a refuge for families whilst the emergency services were in attendance. To volunteer with this vital (FESS) team call 01473 219260. The FESS team were also out on the Suffolk streets with blankets and help for homeless people during the bitterly cold weather in December and January.

Look out for the new Red Cross Open Gardens leaflet at libraries and tourist information centres. We've many new gardens to visit across Suffolk- so do join us for flowers, tea and cake.

Red Cross Week is May 5th-12th - please help us to raise £15,000 in Suffolk by holding a pub quiz, putting a collection can in your local shop or even jumping out of a plane. Every penny that we raise in Suffolk gets spent on helping people in crisis in Suffolk.



If you would like me to talk to your local group about the work of the Red Cross (or for anything else) contact me on 01284 727247.

**Jane Dow, Senior Community Fundraiser**

# DENHAM PARISH COUNCIL UPDATE

Chairman: Mr Ray Keeble

Attention all Parishioners! **Village Litter Pick** Saturday 6th of April, meeting at the village Hall at 10.00. You would be more than welcome to join us Advance Notice of the **Parish AGM**. Would chairs of the various groups who wish to present a report at the meeting please contact the clerk so that the schedule can be prepared in advance? denhamparishclerk@gmail.com. To be followed by the **Council AGM** which will take place in the Village Hall on Wednesday 29th May at 19:00hrs.

.....

## AFC Hoxne come back strongly

It's been a funny old season for AFC Hoxne 1st XI, shrewdly managed by Jamie Scales from Diss. During November and December only one league game was played (a 3-3 home draw with Benhall). There is a serious backlog mainly caused by the weather, which will likely see a number of mid-week fixtures later in the season. The 1st XI knocked Premier Division Ipswich exiles out of the Bob Coleman KO Cup. A 5-3 home win was fully deserved, with James Harrison scoring four goals. Hoxne will now play top Ipswich side Achilles away in the last 16 of the competition on 19th January. Hoxne went out of the Suffolk Junior Cup at the third round stage after losing a dramatic tie at home to Waveney of Lowestoft by the odd goal of nine in their first game for five weeks on 29th December.

The 2nd XI, whose manager Ben Wilby is having a fine first season, continue to score terrifically. An 8-0 win at Westhall, near Halesworth has earned them a fourth round Primary Cup trip to Old Newton "A". In the League, it's been success all the way, starting with a 2-1 home win over Claydon Reserves, Cedar Park Reserves were thrashed 6-1 at Stowmarket and there have been big home wins, 8-0 against previously unbeaten League leaders St. Clements Hospital of Ipswich and 7-0 against Benhall Reserves.

Both teams triumphed in the League on 5th January. The 1st XI won 3-2 at home to Somersham and the 2nd XI comfortably won the local derby at Strad-broke 7-0.

I will sign off by singing the praises of our long serving Treasurer, Gail Jackson, and Secretary, Richard Farthing, in his first season. Mr Farthing, affectionately known as the "Grocer" formerly owned the village shop. Beneath his jovial, one of the lads, image, Richard is a bit of a computer whizz-kid and a first-class administrator, doing a very fine job indeed.

**Clive Baxter**

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# High-tec policing information

The Community Speed Watch initiative allows members of the community to address the issue of speeding by becoming actively involved in road safety, monitoring speeds at safe locations with speed detection equipment.

The aim is not to catch as many drivers as possible, but to reduce speed in areas of concern. Police forces across the country implementing the initiative can show a reduction in overall average speeds, and a significant reduction in drivers travelling well above the speed limit, which highlights the benefits of the scheme.

## How it works

Trained volunteers verify and record the registration numbers of offending vehicles. These details are forwarded to Suffolk Police who will send offenders a letter. A maximum of two letters will be sent to offenders, and if there is a third occasion then an Officer will visit the home address of the vehicle owner, and they may be targeted for police enforcement.

## Summary of guidelines

There must be a minimum of six volunteers in each Community Speed Watch scheme. Speed checks must be conducted by three volunteers at any one time, and each Community Speed Watch scheme must have a co-ordinator responsible for the equipment and administration. The Parish Council must support the scheme.

The locations for monitoring are chosen by the scheme. However, risk assessments will be carried out by a trained Police Officer who will approve the nearest safest site to that chosen. Training for volunteers will include use of the equipment, and health and safety issues.

For more information contact Eye Police Station by phoning 101 or email us at [midsuffnorth.snt@suffolk.pnn.police.uk](mailto:midsuffnorth.snt@suffolk.pnn.police.uk)



PCSO 3172 Steven Long &  
PC 878 Jacqui Thomas

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**SURGERY TIMES**

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	Monday to Friday	Telephone Consultations	11.30 - 12.00
<b>Evenings:</b>	Monday	All doctors	16.00 - 19.30
	Tuesday	Dr Lewis	16.00 - 18.00
	Wednesday	Dr Partridge	16.00 - 18.00
	Thursday	Dr Ahmed	16.00 - 18.00
	Friday	All doctors	16.00 - 18.00
<b>Nursing Clinics:</b>	Smoking Cessation	Monday to Friday	08.30 onwards
	NHS Health Checks	Monday	13.30 - 15.00
	Travel	Monday & Thursday	16.30 - 18.00
	Over 75 checks	Monday, Thursday & Friday	08.30 onwards
	COPD	Wednesday	12.00 - 14.00
	Diabetes	Tuesday	12.00 - 18.00
	Asthma	Wednesday	15.30 - 18.00
	Childhood Immunisations	Tuesday	13.30 - 15.00
	Baby Clinic	Tuesday	13.30 - 15.30
	Heart	Wednesday	08.30 - 11.00
	Diabetes Pre Clinic Check	Thursday	12.00 - 15.00
	Cervical Smears	Friday	13.30 - 15.00

<b>DISPENSARY OPENING TIMES</b>	Monday to Friday	08.30 - 18.00
	For telephone enquiries	09.30 - 18.00

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<b>RECEPTION OPENING TIMES</b>	Monday to Friday	08.30 - 18.00
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<b>ROUTINE</b> appointment to see a DOCTOR or NURSE (2-4 Days)	09.30 - 18.00
<b>ADVANCE BOOKING</b> for a DOCTOR or NURSE (up to 3 months)	09.30 - 18.00
<b>HOME VISIT REQUESTS</b>	08.30 - 09.30

For general enquiries and test results:	09.30 - 18.00
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# Welcome to Mick Glynn's Health and Fitness Column

Have you ever wondered how some people are able to munch down a large bag of crisps and don't seem to put an ounce on..while others only need to look at a packet and seem to pile on the weight?

Of course, to some degree genetics and gender play a part to how efficiently we burn off the calories but there is still a lot we can do to help improve our calorie burning efficiency...With each passing decade, your metabolism slows down by about 5%...Hormones are partly to blame, but so is the typical drop-off in physical activity. As a result you lose muscle mass, a major calorie burner. Based on this figure by the time you reach 35, you'll burn about 75 fewer calories per day than you did when you were 25...and by the time your 65 you'll burn around 500 fewer.

- In your 20's, your muscle and bone mass are at their peak and your metabolism should be firing on all cylinders.
- In your 30's The mitochondria (the bodies cellular powerhouse) starts to get less effective of turning food into energy for your muscles to burn.
- In your 40's The decline continues as your hormone levels decline, further slowing your metabolism and causing body fat.

To maintain or build bigger muscle no matter what age swap long hours of cardio for more shorter intense workouts. Circuit Training, using weighted exercise or Tabata; high intense effort with short rest periods between exercises are great methods of increasing metabolism.

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## Choose your seeds

On Saturday 21st September there will be another Produce Show in Wingfield. This year it will be held at Wingfield Barns.

Now that gardeners everywhere are starting to turn their thoughts to sowing their vegetable and flower seeds for the coming season, when doing so, please keep in mind our Show. We hope for many more entrants right across the board, from vegetables and flowers to crafts, baking, photography etc., in the children's classes as well as the adults! Everybody welcome!

This year we will have a wider variety of categories to choose from. Keep a look out for the programme. For further information contact Sharon Alldis on 01379 384 854

# WINGFIELD PARISH COUNCIL UPDATE-

## Chairman Michael Harvey

### Parish Council Meeting

On January 23rd there was a meeting with all councillors in attendance plus our District Councillor. No members of the public were present.

**MSDC Report** – Councillor Gibson-Harries reported the following:

- The Gypsy and Travellers Protocol is still being worked on. [The Parish Council is in contact with Karen Wright, the Liaison Officer, responsible for its execution].
- Police invitation to parishes to participate in Safer Neighbourhood initiative.
- Parish to be informed of changes planned for end of PCT's scheduled in April 2013. [G.H. sits on S.C.C. Health Scrutiny Board]
- Help is available to residents suffering from fuel poverty from MSDC [Contact: winterwelbeing@suffolk.gov.uk 08456 037686]

### Clerks Report

- Council have now been supplied with details of the merged Babergh & Mid Suffolk Management Team
- Pot holes on Abbey Road, Low Road and Church Road have been reported to S.C.C. Highways Department.
- Council recommendations re: wind turbines at Lodge Farm & new feed store at Pallents Farm were passed to MSDC Planning Department

### Precept 2013/14

The precept is the money that the Parish Council requests from the District Council to maintain services within the village. The new Local Council Support Scheme would have meant a lower precept in the next fiscal year and a lower tax base for the calculation of the precept in subsequent years.

This has been avoided. Wingfield will receive the same precept as 2012/13 [£3,834] It will also receive a grant from Babergh/MSDC of £325 to protect the Council against the loss of future grants or cuts to the tax base.

### Other Matters

- The Suffolk Hedgerow Survey [supervised by Michael Harvey and conducted by volunteers in Wingfield and surrounding parishes] has now been published. A copy is available on loan from the Parish Clerk.
- It was agreed to erect a sign for the Jubilee Wood planted on Wingfield Green in 2012.

The next Parish Council Meeting will be held on Wednesday 20th March and the AGM on Wednesday 22nd May. All members of the public are invited.

To contact the Parish Council please telephone the Parish Clerk on 668556

# *Royal connections?*

At present most of our naughty politicians have been brought under control or are successfully hiding their peccadilloes and thereby are failing to provide sufficient copy to satisfy our voracious media and their consumers. So currently it is the turn of the Royals. The politicians have sprung to the defence of Kate, although the PM was out in India and had not read Hilary Mantel's (London Review of Books) LRB article. Indeed it was a week before the redtops spotted it in the LRB, and they too got it wrong, but accuracy doesn't sell papers. Both Dave and Sam have blue blood coursing through their veins so it is understandable that they should rally to Kate's support. We all love HM anyway and we enjoy the Duke's gaffes. He too is a national treasure. As Dennis Thatcher discovered it isn't easy being the consort of a remarkable lady.

The royal story running in parallel was about the body in the Leicester car park. We held our breath whilst the experts compared the DNA of a living male 26 times removed from Richard 3rd (R3) to hear whether it matched the skeletal DNA from the car park, and joy oh joy, it was the King himself. A King in a car park! The Chairwoman of the Richard 3rd Society, unable to contain her grief when interviewed by BBC TV news, laid claim to the burial rights. Then nine of his descendants said that as the last monarch of the House of York they wanted him buried in York claiming that would have been his desire. Now the Ministry of Justice has stepped in saying that it is the University of Leicester's decision as it was they who were granted permission to exhume. So far we have not heard the Royal opinion

In my day every school boy learned the acronym ROYGBIV so as to remember the colours of the rainbow (red orange yellow green blue indigo violet).by means of the phrase "Richard of York gave battle in vain". And there was another thing we all knew about him from our Shakespeare namely his final cry as he was dismounted on the battlefield of Bosworth "My kingdom for a horse!". There was none available. This phrase now features among the current galaxy of horse jokes. The next thing was that his head was removed, and his clothes too, and he was taken naked dangling across a victor's saddle for burial in a Leicester chapel and then lost into history. Until now...

It is unclear to me why the scholars in Leicester University did not come to Wingfield and sample the DNA from his sister's tomb in our church, which I would have thought to be more reliable than that of someone 26 times removed. A lot can happen over the generations, especially with turbulent Royals trying to establish a legitimate claim to the throne through

# A word from Wingfield

primogeniture. After all, that is what the Wars of the Roses were about. They were not as sweet smelling as the garden variety.

Here in our church we have an alabaster effigy of R3's sister (see below) which is likely a better likeness than the one recently modelled around his skull, which might be anyone. She is quite good-looking. Elizabeth of York lived for 40 years in Wingfield Castle with John de la Pole, the 2nd Duke of Suffolk. She died in 1504, and the story of her life is being written up. She kept a low profile and survived those turbulent times when life was cheap enabling the Tudors to eliminate the Plantagenets or Yorkists, so as to avoid further usurpations to England's throne. Her eldest son, also John, with the title of Earl of Lincoln died in a rebellion at the battle of Stoke in 1487. His brother Edmund lost his head in 1513 and a third brother Richard was killed in 1525.

She had 10 children, so although the first three were "eliminated", three boys and four girls survived by keeping their heads down and avoiding usurpation. But things had begun to quieten down: her niece, another Elizabeth of York had married into the rival line descended from John of Gaunt, and became the Queen of Henry 7th and started the Tudor line which was not entirely free from murder and the perils of primogeniture succession.

There are many famous names to be dropped from historic Wingfield personalia, One whose family name is known to all schoolboys is Alice Chaucer. She was our Elizabeth's mother-in law. She left the castle in a hurry when the first Duke of Suffolk lost his head and took refuge in her palace in Ewelme, Oxon. On the whole women were survivors until Henry 8th appeared.

I am not yet quite sure how Govey intends to write English history, but his scholarly colleagues are likely to be more respectful than me. My next contribution may therefore be from the tower where Hilary Mantel may be languishing too for her recent misunderstood piece in the LRB where she wrote at length about "Royal Bodies". She writes well, probably better than anyone in this country. Her last two books will almost certainly out-do Downton Abbey on the telly. She won the Booker two years running, but she may have blown it for the hat trick. What she said was "Antoinette as a royal consort was a gliding, smiling disaster, much like Diana in another time and another country. But Kate Middleton, as she was, appeared to have been



►► “designed by a committee and built by craftsmen, with a perfect plastic smile and the spindles of her limbs hand- turned and gloss varnished”. Mantel’s story is about royal breeding, in the sense of producing heirs. She quotes Philip as saying of giving his approval of Diana because she would breed in some height. She speaks of Kate as being impeccable and contrasts her with Diana’s human awkwardness and emotional incontinence.

It all flows from her prodigious scholarship of the Tudor period captured in her two books: “Wolf Hall” and “Bring Up the Bodies”. The former has two succinct genealogies of the rival claimants (Yorkists and Tudors royals) which includes the de la Poles.

The Royal courtiers may now be wondering whether they can strip Mantel of her CBE, which is doubtful because others have got away with far worse and still sit in the HOL. What this tiff has done is for the redtops to make her sales rocket, something they envy as they struggle with their stories to do just the same. Mantel’s British Museum lecture probably intended no such thing.

Although R3 was a murderer and usurper to the throne, the question still remains of a decent burial. Where should his bones lie? This is the man responsible for the deaths of the two princes in the tower, one of whom was his nephew Edward 5th, albeit not for long. So far the Queen has not requested burial in Westminster Abbey, the normal resting place for her ancestors, so the current struggle lies between York and Leicester. Because of R3’s ‘status’ I believe Wingfield would be more appropriate, as do others here. After all we have just had a “Royal”, albeit secret, wedding so why not a royal funeral and ask the Royals to come again, No doubt Mantel could write an informed and interesting background story about the last of the Plantagenets who managed to survive here in Wingfield after the death of R3 at the battle of Bosworth.. It could well enhance our position on the tourist trail and benefit the De la Pole Arms pub and our B&Bs .in these hard times.

Or perhaps R3’s bones could be divided into three parts, aka Gaul and all the contenders would benefit from the Leicester Car Park development.

**Tommy Gee**

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## Times past... with Stephen Govier

# Maria Caroline Bolitho [1860-1933].

I was recently reading a book about Women Travellers including Gertrude Bell [1868-1926] who was an English scholar and expert on Middle East affairs. She was a renowned traveller in Arabia. Gertrude was associated with Maria Caroline Bolitho who was also a traveller and adventurer.

Maria was the daughter of Thomas Bolitho [1808-1887] the merchant and banker and his wife Elizabeth Roberts [1811-1892] of Trengwainton, Cornwall. In 1899 Maria was married to Lt Commander Henry Edward Paget [1860-1940] who was the son of

the Reverend Edward Heneage Paget [1828-1884] and the Honourable Emma Mary Eden [1833-1895]. The Reverend Edward Heneage Paget was Vicar of Hoxne and resided at the Vicarage with his wife and their children Henry, Hugh, Eden, Eric and Claude. Many of the alterations to the vicarage were made by the Paget family, during their tenure.

In 1896 Maria set out on her travels with a friend to Ladakh in the State of Jammu and Kashmir, India. Ladakh [land of high passes] lies between the Kunlun mountain range and the





Himalayas and is close to the Tibetan border. Maria went on to visit Leh and was admitted to the sacred treasure room here. She saw the great Lamaseria at Hemis [cathedral of wizardry] and the renowned devils dances. Returning to Simla through Rupshu and enduring the intense cold and dreadful weather conditions at 17,000 ft.

Her next adventure with her friend was to the ruby mines of Burma [Myanmar]. The roads were infested with dacoits [bandits] and the rest houses infested with rats. The two friends travelled with two Madrassi servants to the city of Mogok in the Pyin Oo Lwin district.

The friends and their servants encountered a dangerous tiger and survived. Maria took a special interest in the plants and trees of Burma. She was a keen gardener and her visit to Burma inspired her to travel alone to Upper Sikkim which is renowned for its rhododendron's.

Sikkim is a land locked Indian state within the Himalayan Mountains, bordering Nepal, Tibet and Bhutan. Maria was accompanied by 22 Sikkim Butias and Lepchas bearers and ventured to the border of Tibet, before returning to Darjeeling. She endured the incessant rain and the inevitable torment of leeches, but was rewarded by the numerous varieties of rhododendrons.

Maria's next adventure was to Peking at the invitation of Sir Robert Hart [1835-1911] the British consular officer in China. She again travelled with her friend and they were permitted to visit the Great Wall of China. At this time the Boxer uprisings were taking place. The Boxer uprising [Yihetuan Movement] was an anti-foreign and pro nationalist movement during 1898-1901.

Maria and her friend were surrounded by Boxer supporters and threatened, but managed to escape. This group was later responsible for the murder of Christian missionaries at the same place visited by Maria and her friend.

On Maria's travels she met Henry Paget, who had fought in the Second Afghan War [1878-1880]. He was a policeman in Bengal, before joining the Calcutta Police in which he was in service from 1878-1903. He gained the rank of Lieutenant-Commander in the Royal Naval Volunteer Reserve, being awarded a CBE in 1919.

Maria and Henry had no children but pursued a busy social life and later resided in London. Maria was one of the first female members to be elected as a Fellow of the Royal Geographical Society.

With thanks to the Bolitho, Eden and Paget families.

**Stephen Govier**

# War Memorial

## Saint Margaret's Church, Syleham

There are plans afoot to have a permanent stone memorial tablet in the Church, to commemorate those from Syleham who gave their lives for King and Country during the First and Second World Wars.

At the moment their names are inscribed on a fine parchment which was designed and painted by Mr Andrew Gray of Syleham and which hangs on the North wall in the Chancel of the Church.

### 1914-18

Arthur Barber, Frank Barkway, Charles Brett, Beccles Goddard, George Cranfield, Reg Cranfield, Ernest Shemmings, Reg Shemmings, Harry Nobbs and George Thorndyke

### 1939-1945

Roy Goodwin

The memorial will be a simple plaque made of Portland stone, with the engraved lettering in gold leaf.

It is thought that those of us who are fortunate to live in Syleham and neighbouring villages, may like to contribute to the cost of this memorial in memory of the eleven men from Syleham, who made the ultimate sacrifice.

The cost of the Memorial is in the region of £1,700 and most of this amount has already been promised. Donations of cheques made out to Saint Margaret's Church, War Memorial Fund should be sent to Mrs Mary Lewis, Hemplands, Syleham, Suffolk, IP21 4LT, and would be gratefully received.

**Andrew Napier**



*Syleham Church on the day of the Snowdrop Walk*

# SYLEHAM PARISH COUNCIL UPDATE

Parish Council Meeting – at March 2013 meeting Cllr Elizabeth Gibson-Harries updated the Council on local government initiatives including Neighbourhood Plans, Emergency Planning and the Community Payback Scheme run by the probation Service in Suffolk.

**Planning** – Appn. No. 3832/12 – Grange Cottage, Weybread Road - Erection of two storey rear extension (following demolition of existing). The parish council supported the application and planning permission is granted by MSDC.

**Police** – advise Syleham has had 3 crimes since the last meeting, two burglaries to dwellings and one to an outbuilding. These have been linked to a series of identical crimes around Suffolk and Norfolk which are currently being investigated. Police also warn small businesses to beware of fraudsters claiming to work on behalf of local police selling advertising space, for between £100 and £600, in emergency service and community publications that do not exist. Suffolk Constabulary has a new Chief Constable, Douglas Paxton.

**Finance** – Risk assessment and internal audit reviewed.

**Winter Weather** – An approach has been made to Norfolk County Council requesting some signage to be placed at the Brockdish end of Syleham Road, indicating when Syleham Mill area is flooded, in order to discourage drivers from trying to approach Syleham from this road when flooding occurs.

**Next Meeting** - Annual Parish Meeting will be held in the Village Hall on Wednesday 8th May 2013 at 7.30pm followed by the Parish Council's Annual Meeting.

Clerk: Linda Bruce Tel: 01379 669018  
pc@syleham.suffolk.gov.uk

## *Help for prostate cancer*

Moira & Denise, Aqua Aerobics coaches from Stradbroke Swim & Fitness Centre, are taking on the Welsh Three Peaks Challenge in aid of prostate cancer research on 18th and 19th May. This involves hiking up Cadair Idris, Pen Y Fan and Snowdon.

They are also running a sponsored two hour Aqua Aerobics session to raise funds for their hike in Stradbroke Pool on Saturday 11th May, everyone is welcome to join in or you can donate via the just giving page – [www.justgiving.com/denise-moira](http://www.justgiving.com/denise-moira)

*As virtually all participants in Aqua Aerobics are ladies (I'm often the only man in the pool!), I think that it is particularly generous of them to support a charity that relates to a male disease. Ed*

# Feedback needed

In my first editorial I asked for your feedback if you would like change in the Voice, more of this, less of that. Could you complete the questionnaire below to help me. Please return it to 65 Goldbrook, Hoxne. If you would prefer to e-mail, send a request to [VV@suffolk@live.co.uk](mailto:VV@suffolk@live.co.uk) and I'll send a copy for you to complete.

**Many thanks, Editor**

Mark each with your view: **A** – very important, fascinating  
**B** – useful, interesting **C** – unimportant, not interesting

<b>P</b>	<b>View</b>	<b>P</b>	<b>View</b>
1		22	
Front page	A	Church news	
2		27	
Parish/Church Council		Obituaries, tributes	
3		31	
Editorial		Hoxne Bowls Club	
4		33	
Diary dates		Sweet Briar Nursery	
6		35	
Here and there		Hoxne Pre-school	
7		36	
Letters		British Red Cross	
9		37	
Wingfield Barns		Denham PC	
11		39	
St Edmund's Hall		Police page	
11		40	
Wingfield Garden Club		Eye Health Centre	
12		41	
Hoxne Garden Club		Mick Glynn Health	
12		41	
Wayne's Garden tips		W'field Produce Show	
13		42	
Hoxne Heritage Gp		Wingfield PC	
15		43	
Hoxne Primary School		Word from Wingfield	
16		47	
Home Start		Times Past	
17		49	
Suffolk Warm Homes		War Memorial	
18		53	
Hoxne Parish Council		Home cooking page	
19		54	
Hoxne Phoenix Club		Crossword	
19		56	
HAS results		Back Cover	
21			
Church service times			

# YOUR SUGGESTIONS AND COMMENTS

Village (please highlight)	Name (optional)
Hoxne, Denham, Syleham, Wingfield, somewhere else	

FOUND IN OTHER VILLAGE MAGAZINES (highlight any that you would like – contact me if you could be a contributor.)

Useful telephone numbers, Recipes, legal questions and answers, computer tips, pet tips from a vet, list of regular sport/recreation activities, Norfolk squit, tips for finding a job.

# Madre Sophia's Home Cooking Page



## Italian burgers

These Italian burgers are lower in fat than many other burgers but I should still hesitate to describe them as a healthy option. They are simple and quick to prepare and are traditionally served with patatine, a salad garnish and a glass of red wine. Serves two.

Ingredients: 200g minced carne di cavallo\*, one medium onion, one clove garlic, 2tsp tomato paste, 1tbsp flour, 1tbsp light olive oil.

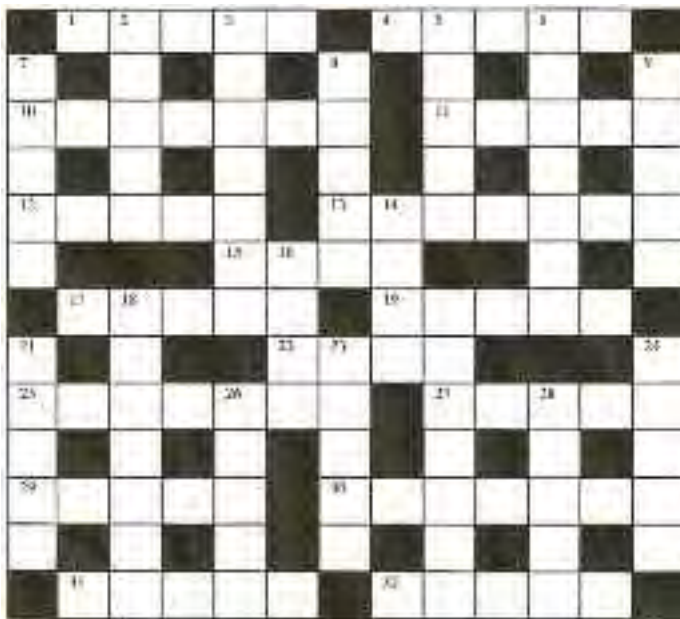
Slice the onion finely and crush and chop the garlic clove. Mix the meat, onion, garlic, tomato paste well. Mix in enough flour to bind the mixture together (you may need less than the amount specified). Divide the mixture into two equal parts, flatten into patties and place into a refrigerator for one hour for the flavours to meld. Prepare the side dishes and, when ready, heat the olive oil in a frying pan to a high heat and carefully place the patties in the pan. Cook for two minutes and turn cooking the other side for a further two minutes. Cavallo loses flavour if overcooked and the burger should be pink in the middle when eaten.

## Buon Appetito!

*\*Carne di cavallo may be difficult to find in UK but is becoming available in certain supermarkets. Venison can be substituted if you cannot find it.*

### CROSSWORD PUZZLE No. 93

The prize for the first correct solution opened to crossword puzzle No. 92 went to Catherine McGregor. The solution appears below.



#### ACROSS

- 1 The seven point scorer in snooker (5)
- 4 Blasé revolutionary follows body odour (5)
- 10 Wake up in case of greater grumbler (7)
- 11 Crete surprisingly upright (5)
- 12 Section that is in quiet church (5)
- 13 Tolerant of east Northern Ireland in time of fasting (7)
- 15 First of women in love to become limp (4)
- 17 Gazebo, a structure to brag in (5)
- 19 Loves manuscript having it but leaves out (5)
- 22 Ice cream holder about one (4)
- 25 Joy of high class grocery, first to get hot tapas (7)
- 27 Also ran initially lost one speed event race (5)
- 29 Go and rue confounded scoundrel (5)
- 30 Infinite ends to embrace the French (7)
- 31 Alters text when tides change (5)
- 32 Twenty in the 'old money' (5)

#### DOWN

- 2 Unfettered sole taking in ring (5)
- 3 Chews, as in nuts (7)
- 5 Large sea will break a canoe (5)
- 6 I, objectively, go into period before Easter, after bearing component part (7)
- 7 Open mouthed ape eats green apples for starters (5)
- 8 Army exercises make doctor sick (5)
- 9 Country, say? (5)
- 14 School note sent back (4)
- 16 Beginning intensive therapy care helps find irritation (4)
- 18 Indebted Old Boy lied about grant (7)
- 20 Tuneful medic holds ends of libretto (7)
- 21 Love deeply in bad or easy times (5)
- 23 Ring teetotaler before monarch finds mammal (5)
- 24 Orchestral section that makes money (5)
- 26 One of James Herriot's creatures (5)
- 28 Solemnly promise to blaspheme (5)

#### SOLUTION TO PUZZLE NO. 92

ACROSS: 1) Consort 5) Peace 8) Crude 9) Marbles  
 10) Abreast 11) Enter 12) Talent 14) Status 17) Night  
 19) Collect 22) Reverie 23) Dirge 24) Mural 25) Thermos  
 DOWN: 1) Cocoa 2) Neutral 3) Opera 4) Tomato  
 5) Perfect 6) Allot 7) Ensures 12) Tantrum 13) Natural  
 15) Theorem 16) Accept 18) Giver 20) Ledge 21) Tress

If you would like to enter the crossword competition, send your solution to the editor by 1st May, 2013. The first correct solution to be opened will receive a cash prize of £10.



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E-mail copy to : vvsuffolk@live.co.uk

## **NEXT ISSUE**

1st April (copy by **8th March**, please)  
\* \* \*

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